

Blood Pressure Screenings

As a service to the UIS community, the Department of Rec Sports is offering free blood pressure screenings to students, faculty and staff.

Approximately 50 million Americans have elevated blood pressure. Hypertension usually does not cause symptoms until there is serious damage. Therefore, it is important to detect high blood pressure before it causes damage. For more information, contact 206-8400.

- **Date:** Every Wednesday beginning 8/25/2010
 - **Time:** 12:00pm-1:00pm
 - **Location:** TRAC
 - **Cost:** FREE!
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