

Quiz - Is Career Counseling right for me?

You and your career may benefit by working with a Career Counselor if you check any of the statements below:

- I don't know what I want to do when I graduate.
- I feel obligated to do what others want me to do, and these expectations conflict with my own desires.
- I'm undecided about my major or keep changing my major.
- I'm not sure what I can do with my degree.
- I have lots of interests, but I don't know how to narrow them down.
- I'm afraid of making a serious mistake with my career choice.
- I lack information about my skills, interests, needs, and values with regard to my career choice.
- I don't really know what is required from a career for me to feel satisfied.
- My personal barriers are hindering me from making a good career decision.
- No matter how much information I have about a career, I keep going back and forth and cannot make up my mind.
- My long-term career goals are more firm than my short-term goals.
- I made a career choice with which I am comfortable, but I need specific assistance in finding a job.
- I have undergone a change in my life, which necessitates a change in my career plans.
- My work doesn't fit my personality.
- I'm not sure how to market my strengths and skills in order to get my dream job.
- I'm experiencing work place stress.