FOCUS 2 CAREER

What Is FOCUS 2 CAREER?

FOCUS 2 CAREER is an online, self-guided career and education planning system designed to help you make decisions about future career goals and education plans. FOCUS 2 CAREER will guide you through an interactive process that will:

- Assess your career planning readiness, work interests, values, skills, personality type and leisure time interests
- Broaden your career options and discover occupations matching your personal preferences and attributes
- Discover and explore career fields, majors and training programs that are best for you
- Plan a career and educational pathway that will support your personal needs and goals

How Do I Access It?

1) Visit the Career Development Center's webpage at www.uis.edu/career
2) Scroll down to the Student Quicklinks section and select FOCUS 2 Career, Major & Education Planning
3) Select Register and create your user account
4) Agree to the Terms and Conditions and click Continue to finish
5) Complete the Self Assessments shown below, then merge your results using Combine Assessments

What Are the Assessments Like?

The FOCUS 2 CAREER system will help you develop an accurate self-assessment of personal qualities:

- **Your Work Interests** are a reflection of the kinds of work related activities and tasks you most enjoy doing.
- **Your Personality Type** is a description of how you react to certain situations and people and how you make decisions, organize information, and solve problems.
- **Your Values** are a description of what is most important to you in your life. For example, you might value earning a lot of money, helping other people, being creative and artistic, having a secure and steady job, etc.
- **Your Skills** are a reflection of your talents and the types of things you easily learn and perform well.
- **Your Leisure Time Interests** are a reflection of the kinds of leisure related activities you most enjoy doing.

After Taking the FOCUS 2 Assessments...

| How will you apply what you've learned to your choice of major & career plans? | Which majors at your college best relate to your interests, personality & skills? | What level of education do you need for your top choice career? | Can you find employment in this region, or will you need to move? |

*Adapted from FOCUS 2 CAREER: Career & Education Planning Workbook*