

What Is FOCUS 2 CAREER?

FOCUS 2 CAREER is an online, self-guided career and education planning system designed to help you make decisions about future career goals and education plans. FOCUS 2 CAREER will guide you through an interactive process that will:

- **Assess** your career planning readiness, work interests, values, skills, personality type and leisure time interests
- **Broaden** your career options and discover occupations matching your personal preferences and attributes
- **Discover** and explore career fields, majors and training programs that are best for you
- **Plan** a career and educational pathway that will support your personal needs and goals

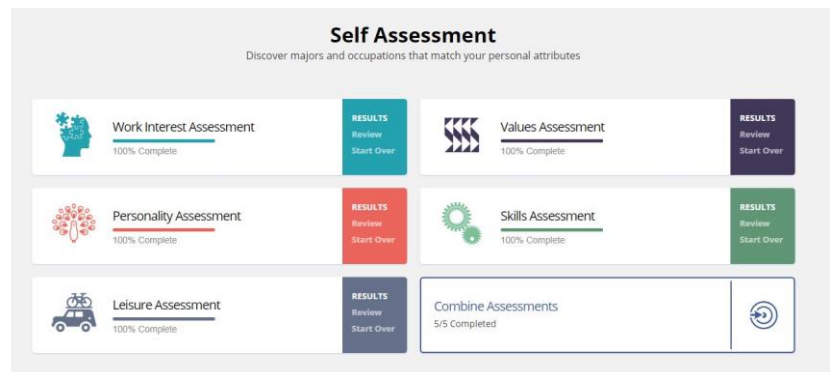
How Do I Access It?

- 1) Visit the Career Development Center's webpage at www.uis.edu/career
- 2) Scroll down to the Student Quicklinks section and select **FOCUS 2 Career, Major & Education Planning**
- 3) Select **Register** and create your user account
- 4) Agree to the Terms and Conditions and click **Continue** to finish
- 5) Complete the **Self Assessments** shown below, then merge your results using **Combine Assessments**

What Are the Assessments Like?

The FOCUS 2 CAREER system will help you develop an accurate self-assessment of personal qualities:

- **Your Work Interests** are a reflection of the kinds of work related activities and tasks you most enjoy doing.
- **Your Personality Type** is a description of how you react to certain situations and people and how you make decisions, organize information, and solve problems.
- **Your Values** are a description of what is most important to you in your life. For example, you might value earning a lot of money, helping other people, being creative and artistic, having a secure and steady job, etc.
- **Your Skills** are a reflection of your talents and the types of things you easily learn and perform well.
- **Your Leisure Time Interests** are a reflection of the kinds of leisure related activities you most enjoy doing.



After Taking the FOCUS 2 Assessments...

How will you apply what you've learned to your choice of major & career plans?

Which majors at your college best relate to your interests, personality & skills?

What level of education do you need for your top choice career?

Can you find employment in this region, or will you need to move?

**Adapted from FOCUS 2 CAREER: Career & Education Planning Workbook*