THE DIVERSE NATURE OF COVID-19

A Virus That Has Impacted Us All In Various Ways

UIS Strategic Compass 2018-2028 UIS on Diversity & Inclusion: We embrace diversity in all its forms as both an intellectual commitment and a social responsibility, and we foster an inclusive culture that recognizes the needs and contributions of every individual.

We are committed to having a campus that celebrates diversity, and recruits diverse talent, making every student feel included and welcome.



- illness to avoid discrimination Prevent people from seeking

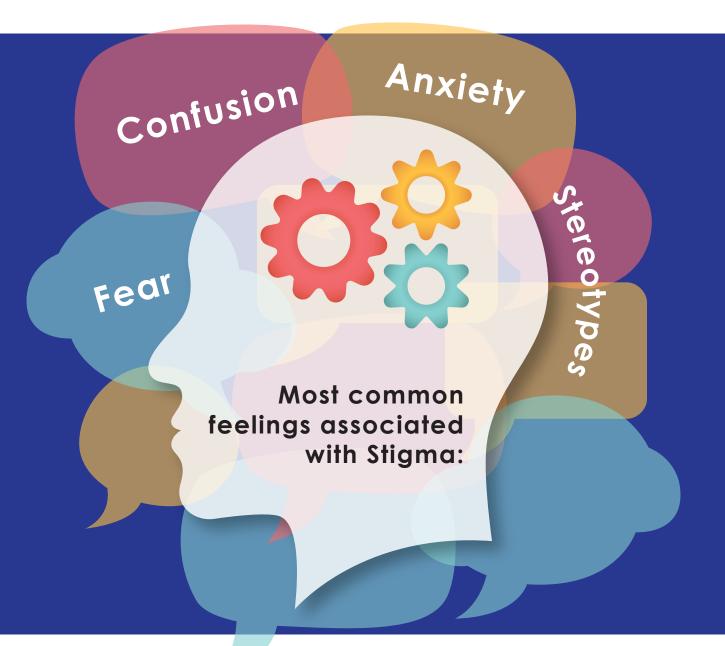
health care immediately

• Discourage them from adopting healthy behaviors²



because of a perceived link with a disease.²

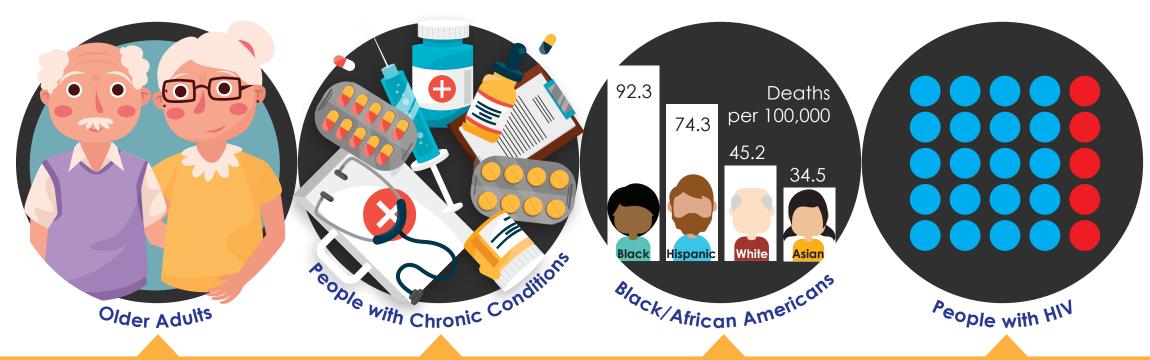
experience loss of status



Stigma & Its Many Effects

Remember, people – including those of Asian descent - who do not live in or have not recently been in an area of ongoing spread of the virus that causes COVID-19, or have not been in contact with a person who is a confirmed or suspected case of COVID-19 are not at greater risk of spreading COVID-19 than other Americans.¹

COVID-19 & Those Most at Risk



High rates of related deaths & hospitalizations in adults 65+

80% of all COVID-19 related deaths

31%-70% of all COVID-19 related hospitalizations³

Persons with

Language Barriers

こんにちは

Immigrants

Hola!

People of any age who have serious chronic or long-term illnesses might be at higher risk for severe illness from COVID-19. Examples: diabetes, chronic lung disease & heart disease.³

> People in lower economic

strata

Marginalized populations seem to

have the most negative effects.

Hello!

Bonjour!

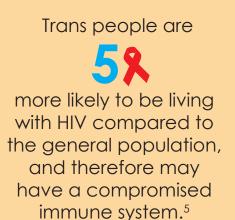
Minorities

您好!

Ciao!

Black/African American persons were **MORE THAN TWICE**

as likely as white persons to die of COVID-19. Race and ethnicity data were from New York City.⁴



COVID-19 & Mixed Barriers

COVID-19 pandemic seems to deepen **inequality** that may become a multiplier on the coronavirus's spread and deadliness.⁶

COVID-19 & Violence Survivors

REACTION

Every survivor responds to the traumatic experience of violence differently.

RETRAUMATIZATION

Retraumatization is a conscious or unconscious reminder of past trauma that results in a re-experiencing of the initial trauma event.

Violence survivors and their families may be experiencing **increased isolation** and danger caused by social distancing measures during the Coronavirus pandemic.⁸

RESILIENCY IN TIMES OF TRAGEDY

Survivors can build on this resilience by seeking out support during difficult times.

SELF-CARE TECH-NIQUES DURING THE CRISIS

7 Ways to Practice Self-Care: Call a friend; Take a shower; Move around; Guided meditation or yoga; Distract yourself with a project; 5-4-3-2-1 exercise; Seek support.⁷

Get Support! National Domestic Violence | 1-800-799-7233

Get Help! National Sexual Assault | 1-800-656-HOPE (4673)

WHAT SHOULD I DO IF I OR SOMEONE I KNOW EXPERIENCES BIAS OR DISCRIMINATION AT UIS? You can report the information to the Associate Chancellor for Access and Equal Opportunity at aeo@uis.edu.

The Dean of Students is the prime campus resource for student welfare, and can be reached at deanofstudents@uis.edu for assistance.









Gender Sexuality Student Services



University of Illinois Non-Discrimination Statement

SOURCES

¹https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/reducing-stigma.html

²https://www.unicef.org/media/65931/file/Social%20stigma%20associated%20with%20the%20coronavirus%20disease%202019%20(COVID-19).pdf

- ³https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html
- ⁴https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/racial-ethnic-minorities.html
- ⁵https://transequality.org/covid19

⁶https://www.nytimes.com/2020/03/15/world/europe/coronavirus-inequality.html

⁷https://www.nsvrc.org/blogs/seven-ways-survivors-sexual-violence-can-practice-self-care-when-retraumatized-during-tragedy

⁸https://www.futureswithoutviolence.org/get-updates-information-covid-19/

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