University of Illinois at Springfield

# UNVEILING OF JOSH'S BENCH

Josh's Benches for Awareness is a nonprofit organization that is "dedicated to helping spread awareness about mental health and important local services to help the community."

## A SEAT WITH A PURPOSE...

This bench was donated by Josh's Benches to raise awareness about mental health and to show students that there are resources at UIS to support them through any struggles.

## **Unveiling Ceremony**

The event is scheduled for Monday, October 27<sup>th</sup> at 12:00pm in the SE corner of UHB, facing the parking lot near the sidewalk that leads up to Admissions.

#### Mental Health Check-In

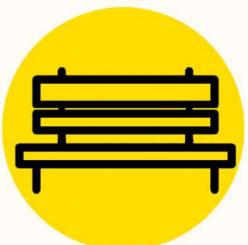
Following the unveiling, there will be a mental health event at the Student Union North Patio for all students until 3:00pm. The afternoon will include activities such as coloring, painting, and journaling, all while enjoying s'mores, cookies, and hot chocolate.

### Thanks to All the Co-Sponsors:

Dr. Marc Klingshirn, Dr. Jamarco Clark from Student Affairs, Dr. Bathany Bilyeu from the Counseling Center, Capital Scholars Honors Program, and Active Minds at UIS.

Event made possible by a donation from Josh's Benches for Awareness and the coordination of Dr. Marc Klingshirn.









Suicide Prevention Lifeline 988 or 1-800-273-8255



More Information https://joshsbenches.com

27
OCTOBER

BENCH UNVEILING

SE CORNER OF UHB SIDEWALK
TO ADMISSIONS OFFICE

CHECK-IN EVENT

STUDENT UNION NORTH PATIO