

**Capital Scholars Honors Program  
Advising Guide for Sociology/ Anthropology Majors  
2019-2020**

**Recommended Course Schedule**

**Year 1:**

<b>Fall Semester</b>	<b>Hours</b>	<b>Spring Semester</b>	<b>Hours</b>
CAP 111: Honors Composition	3	CAP 115: Interdisciplinary Writing	3
CAP 122: Who Am I?	3	CAP 123: How Do You Know?	3
CAP 102: Intro to Honors	2	CAP 25x/35x: Global Issues	3-4
COM 112: Oral Communication	3	Honors Global Awareness	3-4
Visual/Creative/Performing Arts Requirement	3	Math Requirement (Skills or Applied)	3-4
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>15-18</i>

**Year 2:**

<b>Fall Semester</b>	<b>Hours</b>	<b>Spring Semester</b>	<b>Hours</b>
CAP 225: What Is Good?	3	CAP 226: What Is Power?	3
CAP 141: Environmental Biology & Chemistry 1	4	CAP 142: Environmental Biology & Chemistry 2	4
Honors Global Awareness	3-4	Honors Global Awareness	3
Math requirement (Skills or Applied)	3	Upper Division SOA course	3-4
100-300 level SOA course (Intro to Sociology, Intro to Anthropology, Race & Ethnicity in the US, Social Problems, Sociology of the Family, and more: most SOA electives satisfy ECCE or Gen Ed requirements)	3	100-300 level SOA course (see list to the left) or SOA 304: Human Evolution, Biological & Cultural	3-4
<i>Total</i>	<i>16-17</i>	<i>Total</i>	<i>16-18</i>

**CAP 402: Senior Seminar (1 credit hour) – suggested fall semester of senior year.**

<b>ECCE (Engaged Citizenship Common Experience) 10 Hours</b>	<b>CAP Courses That Count Towards ECCE</b>
<ul style="list-style-type: none"> <li>• U.S. Communities (3 hrs)</li> <li>• Global Awareness (3 hrs)</li> <li>• Engagement Experience (3 hrs)</li> <li>• Speakers Series (1 hr)</li> </ul>	CAP 25x/35x: Global Issues CAP 371: Peer Mentoring/ CAP 361: Peer Tutoring

Students complete ECCE requirements in at least 2 of the 3 ECCE categories-U.S. Communities, Global Awareness, Engagement Experience (per CAP and major requirements)-in addition to Speakers Series- 10 Hours.