Capital Scholars Honors Program Advising Guide for Sociology/ Anthropology Majors 2020-2021

Recommended Course Schedule

Year 1:			
Fall Semester	Hours	Spring Semester	Hours
CAP 111: Honors Composition	3	CAP 115: Interdisciplinary Writing	3
CAP 122: Who Am I?	3	CAP 123: How Do You Know?	3
CAP 102: Intro to Honors	2	CAP 25x/35x: Global Issues	3-4
COM 112: Oral Communication	3	Honors Global Awareness	3-4
Visual/Creative/Performing Arts	3	Math Requirement	3-4
Requirement		(Skills or Applied)	
Total	14	Total	15-18

Y	ear	2:

Fall Semester	Hours	Spring Semester	Hours
CAP 225: What Is Good?	3	CAP 226: What Is Power?	3
CAP 141: Environmental Biology &	4	CAP 142: Environmental Biology &	4
Chemistry 1		Chemistry 2	
Honors Global Awareness	3-4	Honors Global Awareness	3
Math requirement	3	Upper Division SOA course	3-4
(Skills or Applied)			
100-300 level SOA course (Intro to	3	100-300 level SOA course (see list	3-4
Sociology, Intro to Anthropology,		to the left) or SOA 304: Human	
Race & Ethnicity in the US, Social		Evolution, Biological & Cultural	
Problems, Sociology of the Family,			
and more: most SOA electives			
satisfy ECCE or Gen Ed			
requirements)			
Total	16-17	Total	16-18

CAP 402: Senior Seminar (1 credit hour) – suggested fall semester of senior year.

ECCE (Engaged Citizenship Common Experience) 10 Hours	CAP Courses That Count Towards ECCE
• U.S. Communities (3 hrs)	
Global Awareness (3 hrs)	CAP 25x/35x: Global Issues
• Engagement Experience (3 hrs)	CAP 371: Peer Mentoring/ CAP 361: Peer Tutoring
Speakers Series (1 hr)	

Students complete ECCE requirements in at least 2 of the 3 ECCE Categories-U.S. Communities, Global Awareness, Engagement Experience (per CAP and major requirements)-in addition to Speakers Series- 10 Hours.