## Team Participation Award Guidelines

## Overall rules

- Team is able to have one team per division (One Men's, Women's, and Co-Rec team)
- Points will accumulate for each school year (i.e. Fall and Spring semester)
- At least 50 percent of the same players must play on team
- Cannot "loan out" team name for sports that the team chooses not to play


## Fall sports that count towards team participation award (Spring sports will be updated in December)

- Slow pitch softball
- Sand Volleyball (Men's, Women's, Co-Rec)
- Powder Puff Football
- Flag Football (Men's, Co-Rec)
- 7v7 Soccer (Men's, Women's, Co-Rec)
- 6v6 Volleyball (Men's, Women's, Co-Rec)
- NOTE: Doubles sports do not count towards the team participation cup (teams must be at least four people, not just a dual sport)


## Point System

- 10 points for registering a team
- Lose three points for each forfeit
- Lose five points for each individual player ejection
- Points for placing in tournament/playoffs
- Fifteen additional points for champion
- Ten additional points for runner-up
- Five additional points for semifinal losers

RECREATIONAL SPORTS

UNIVERSITY OF ILLINOIS SPRINGFIELD

