

# Summer Reading for Parents:

The following is a list of resources; though it is broken up into subcategories all of the following resources are helpful tools in a variety of areas.

## Transition

### **Almost Grown: Launching Your Child from High School to College**

Patricia Pasick (1998)

**ISBN:** 0393317102

### **Campus Daze, Easing the Transition from High School to College**

George Gibbs (2010)

**ISBN:** 1575091380

### **Empty Nest ... Full Heart: The Journey from Home to College**

Andrea Van Steenhouse (2002)

**ISBN:** 0961980621

### **Empty-Nest Parenting: Adjusting Your Stewardship as Your Children Leave Home**

Richard M. Eyre, Linda Eyre, Saren Eyre Loosli (2002)

**ISBN:** 1570087318

### **The Empty Nest: When Children Leave Home**

Shelley Bovey (1995)

**ISBN:** 0044408986

### **The Launching Years: Strategies for Parenting from Senior Year to College Life**

Laura Kastner, Jennifer Wyatt (2002)

**ISBN:** 0609808060

### **Let the Journey Begin: A Parent's Monthly Guide to the College Experience**

Jacqueline MacKay, Wanda Ingram (2002)

**ISBN:** 0618077138

### **Letting Go: A Parents' Guide to Understanding the College Years (sixth edition)**

Karen Levin Coburn, Madge Lawrence Treeger (2016)

**ISBN:** 0062400568

### **Millenials Go To College: Strategies for a New Generation On Campus**

William Strauss, Neil Howe (2003)

**ISBN:** 1578580331

### **Millenials Rising**

Neil Howe, William Strauss, R.J. Matson (2000)

**ISBN:** 0375707190

**Once My Child, Now My Friend**

Elinor Lenz (1985)

ISBN: 0446328804

**When Hope and Fear Collide: A Portrait of Today's College Student**

Arthur Levine (1998)

ISBN: 0787938777

**When Kids Go to College: A Parents Guide to Changing Relationships**

Barbara M. Newman, Philip R. Newman (2002)

ISBN: 0814205615

**When Your Kid Goes to College: A Parent's Survival Guide**

Carol Barkin (1999)

ISBN: 0380798409

**When Your Kids Go To College**

Lucantoni N. Salvi, Michael J. Hunt (1994)

ISBN: 0809135027

**133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest : A Parent's Guide for Surviving Empty Nest Syndrome**

Lauren Schaffer, Sandy Fleischl Wasserman (2001)

ISBN: 0609807005

**2,002 Ways To Cheer Yourself Up**

Cyndi Haynes (1998)

ISBN: 0836268350

**She's Leaving Home: Letting Go As Daughter Goes to College**

Connie Jones (2002)

ISBN: 0740723464

Finance and Assistance

**The Debt-Free Graduate: How to Survive College or university Without Going Broke**

Murray Baker (2003)

ISBN: 0973380608

**Don't Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years**

Helen E. Johnson, Christine Schelhas-Miller, Chrisine Schelhas-Miller (2011)

ISBN: 0312573642

**Getting Ready for College: Everything You Need to Know before You Go from Bike Locks to Laundry Baskets, Financial Aid to Health Care**

Polly Berent, Foreword by Robert Franek (2003)

ISBN: 0812968964

**In Addition to Tuition: The Parents' Survival Guide to Freshman Year of College**

Marian Edelman Borden, Mary Anne Burlinson, Elsie R. Kearns (1996)

ISBN: 0816030995

**The Truth About College: 50 Lessons for Parents Before They Start Writing Checks**

Will Keim, Will S. Keim (1997)

ISBN: 0827236336

**An Educated Choice: Advice for Parents of College Bound Students**

Frank A. Brock (2006)

ISBN: 1596380594

## Helping Your Student

**A Family Guide to Academic Advising**

Donald C. Smith and Virginia N. Gordon (2003)

**Bringing Home the Laundry: Effective Parenting for College and Beyond**

Janis Brody (2000)

ISBN: 0878331840

**Doors Open from Both Sides**

Margo Woodacre, Steffany Bane (2001)

ISBN: 1561676802

**How to Help Your Teenager Find the Right Career**

Charles Shield (1988)

ISBN: 0874473055

**Helping Your First Year Student Succeed: A Guide for Parents**

Richard H. Mullendore, Cathie Hatch (2000)

ISBN: 1889271314

**A Parent's Guide to Sex, Drugs, and Flunking Out : Answers to the Questions Your College Student Doesn't Want You to Ask**

Joel Epstein (2001)

ISBN: 1568385714

**Helping Your First Year Student Succeed: A Guide for Parents**

Richard H. Mullendore, Cathie Hatch (2000)

ISBN: 1889271314

**Rising Millennials Face Worldview Conflict**

Shirley A. Carson (2002)

ISBN: 0971049122

**Words to Live By: A Journal of Wisdom for Someone You Love**

Emily Marshall, Kate Marshall (2005)

ISBN: 0767919092

**You're On Your Own (But I'm Here if You Need Me): Mentoring Your Child During the College Years**

Marjorie Savage (2009)

ISBN: 1416596070

For Students and Parents

**Been There Should've Done That: 505 Tips for Making the Most of College**

Suzette Tyler (1997)

ISBN: 0965608646

**College Rules!: How to Study, Survive and Succeed in College**

Sherrie L. Nist, Jodi Patrick Holschuh, Sherrie Nist (2016)

ISBN: 1607748526

**The Ultimate College Survival Guide**

Janet Farrar Worthington, Ronald Farrar (1995)

ISBN: 1560793961

**The University in Your Life**

Jeffrey Gordon (1995)

ISBN: 1561342378

**Where's Dad Now That I Need Him? Surviving Away from Home**

Betty Frandsen (2003)

ISBN: 1885348169

**Your College Experience: Strategies for Success**

John N. Gardner, A. Jerome Jewler (2015)

ISBN: 1457699664

**100 Things Every College Freshmen Ought to Know**

William Disbro (1996)

ISBN: 0935637222

**101 Ways To Enjoy Life's Simple Pleasures**

Donna Watson (1994)

ISBN: 1885167008

**Student Success: How to Succeed in College and Still Have Time for Your Friends**

Timothy Walter, Al Siebert (1992)

ISBN: 015500588X

**Chicken Soup for the College Soul: Inspiring and Humorous Stories About College**

Mark Victor Hansen, Kimberly Kirberger, Dan Clark, Jack Canfield (2012)

ISBN: 1623610842

**College 101: A First Year Reader**

John D. Lawry (1998)

ISBN: 0073031593

**The Education of Character: Lessons For Beginners**

Will Keim (1994)

ISBN: 0155020358

**How to Get the Most Out of College**

Arthur W. Chickering, Nancy K. Schlossberg (1994)

ISBN: 0205162916

**If Life is a Game These Are The Rules: 10 Rules for Being Human**

Cherie Carter-Scott & Jack Canfield (1999)

ISBN: 0767903889

## Learning

**Becoming a Master Student: Tools, Techniques, Hints, Ideas, Illustrations, Examples, Methods, Procedures, Processes, Skills, Resources, and Suggestions for Success**

David Ellis (2000)

ISBN: 0395981506

**Improving Student Learning Skills (The Jossey-Bass Series in Higher Education)**

Martha Maxwell PhD (1979)

ISBN: 0875894135

**The Power of Mindful Learning**

Ellen J. Langer (2016)

ISBN: 0738219088

**Quantum Learning: Unleashing the Genius in You**

Bobbi Deporter, Mike Hernacki (1992)

ISBN: 0440504279

## Miscellaneous

### **A Guide for Families of Commuter Students**

Cathie Hatch, Tracy Skipper (2014)

**ISBN:** 0077820754

### **Caring for the Mind: A Comprehensive Guide to Mental Health**

Dianne Hales, Robert E. Hales (1996)

**ISBN:** 0553375113

### **Lesson: Fable For Our Times**

Carol Lynn Pearson & Kathleen Peterson (2001)

**ISBN:** 0879058625

### **Tuesdays With Morrie**

Mitch Albom (2002)

**ISBN:** 0385484518