Help celebrate Black History Month at UIS! For all event updates and details please visit: https://www.uis.edu/diversitycenter/signature-events/black-history-month/
Lunar New Year 2019
Tuesday, February 5th
Year of the pig

~When is it celebrated?~
Lunar New Year is celebrated with the waxing (increase) of the full moon, according to the Chinese lunar calendar, so there is no fixed date. The end of the New Year celebrations is when the full moon arrives.

~How is it celebrated?~
Every country is different, but they all have one thing in common. Families get together from far and wide to honor and pay respects to their ancestors.

~Same Holiday, Different Traditions~
- The Korean Lunar New Year is called “Seollal”. Youngsters in a family bow to the elderly who give them pocket money!
- In Singapore, they practice “Lo Hei” which means “tossing of good fortune”. They toss up ingredients for raw fish salad while chanting auspicious well wishes out loud for good luck.
- Lunar New Year is known as Têt in Vietnam. It is the most important and popular festival for the Vietnamese people during the year. The Vietnamese believe that the very first visitor a family receives in the year determines their fortune for the entire year. A person of good temper, morality and success will be the lucky sign for the host family and be invited first into the house.
The day of the full moon and last day of Lunar New Year celebrations, is traditionally celebrated with a Lantern Festival. This year, the Lantern Festival will be on February 19th. It is thought that the Lantern Festival evolved from worship rituals from more than 2000 years ago during the Western Han Dynasty. It has a very long history and today, it is celebrated with family reunions, socializing with friends and hopes for new beginnings. Lanterns play an important role in the festival because they symbolize good luck for the future. All over East Asia, lanterns are hung along with flying lanterns. These lanterns are specially prepared and people write their wishes and prayers on them before lighting them and letting them rise up into the sky.

In addition to lanterns, the festival is also celebrated with Lantern riddles, the Lion Dance, and eating a special dish called Tang Yuan. Historically, it is said that people respected the lion as a symbol of bravery and strength, and believed it could protect them from evil which is why the Lion Dance is one of the Lantern festival’s most significant traditions. Lantern riddles are a traditional game, which started in the Song Dynasty (960 – 1279).
Attention: Summer Graduates - &
Any F-1 students interested in OPT

Mandatory
OPT WORKSHOP
Summer 2019 Graduates

HRB 111
Friday, March 29
2:00-4:00 pm

This workshop will cover Optional Practical Training (OPT)
eligibility and the application process. All students graduating
Summer 2019 that plan to apply for OPT must attend! It is
mandatory to attend the workshop in order to apply for OPT.
Seating is limited so please arrive early.
Contact ISS@uis.edu if you have any questions.
You won't be young forever! It's now or never!

## SPRING 2018 INTRAMURAL SPORTS

<table>
<thead>
<tr>
<th>Leagues</th>
<th>Location</th>
<th>Reg Start</th>
<th>Reg End</th>
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</thead>
<tbody>
<tr>
<td>Indoor Cricket</td>
<td>TRAC</td>
<td>1/8/18</td>
<td>1/30/18</td>
</tr>
<tr>
<td>5v5 Basketball</td>
<td>TRAC</td>
<td>1/8/18</td>
<td>1/30/18</td>
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<tr>
<td>4v4 Volleyball</td>
<td>TRAC</td>
<td>2/26/18</td>
<td>3/20/18</td>
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<tr>
<td>Futsal</td>
<td>TRAC</td>
<td>2/26/18</td>
<td>3/20/18</td>
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<tr>
<td>Cricket</td>
<td>Cricket Pitch</td>
<td>3/19/18</td>
<td>4/3/18</td>
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<table>
<thead>
<tr>
<th>Tournaments</th>
<th>Date</th>
<th>Location</th>
<th>Reg Start</th>
<th>Reg End</th>
</tr>
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<tbody>
<tr>
<td>Table Tennis</td>
<td>3/23/18</td>
<td>TRAC</td>
<td>2/26/18</td>
<td>3/20/18</td>
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<tr>
<td>Badminton Singles</td>
<td>4/6/18</td>
<td>TRAC</td>
<td>3/19/18</td>
<td>4/3/18</td>
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<tr>
<td>Racquetball Singles</td>
<td>2/24/18</td>
<td>TRAC</td>
<td>2/5/18</td>
<td>2/20/18</td>
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<td>Dodgeball</td>
<td>2/11/18</td>
<td>TRAC</td>
<td>1/22/18</td>
<td>2/6/18</td>
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<tr>
<td>Softball</td>
<td>4/23-4/26</td>
<td>Rec Park</td>
<td>4/2/18</td>
<td>4/17/18</td>
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<tr>
<td>Disc Golf</td>
<td>4/28/18</td>
<td>Campus Course</td>
<td>4/9/18</td>
<td>4/24/18</td>
</tr>
</tbody>
</table>

To register, visit [www.uis.edu/campusrec](http://www.uis.edu/campusrec)

217.206.7103 — campusrec@uis.edu
Spring 2019 Programming

- Thursday, February 21 - International Mother Language Day, Student Union, 11am-2pm
- Friday, March 1 - Sanskriti, SLB Gym, 5-9pm
- Monday, March 4 - International Mardi Gras, Location: TBA, 4pm
- Friday, March 8 - Skyzone, Meet at Student Union, 1-5pm
  (Registration at ISS office—HRB 10)
- March, Holi - Date/Location/Time/TBA
- Friday, March 22 - Meramec Caverns Trip, Meet at Student Union, Time: TBA
  (Registration at ISS office—HRB 10)
- Friday, April 5 - Jr. Blues Hockey Game, Meet at Student Union,
  6:30pm - 9pm (Registration at ISS office—HRB 10)
- Friday, April 12 - Etiquette Dinner Workshop, Student Union Ballroom, 5pm
- Tuesday, April 23 - International T-Shirt Tie-Dye, Student Life Plaza, 4pm
- Saturday, April 27 - Six Flags St. Louis, Details/Registration TBA
- Friday, May 10 - International Congratulatory Ceremony, Time: TBA
UIS
Indian Students Organization
Presents -
Indian Cultural Night '19
Sanskriti
1st March '19, Friday 5 - 9 pm
Venue: SLB GYM, UIS
Sponsors: ISS & S.O.F.A
Dress code: Traditional Indian attire
Free Pick up available
Contact info: 224.804.3277 (Abhishek) or mmarzi@uis.edu

100 things to do in Springfield.