4.8 Million College Students are Raising Children

Over a quarter (26 percent) of all undergraduate students, or 4.8 million students, are raising dependent children.¹ Women are disproportionately likely to be balancing college and parenthood, many without the support of a spouse or partner. Women make up 71 percent of all student parents, and roughly 2 million students, or 43 percent of the total student parent population, are single mothers. Single student fathers make up 11 percent of the student parent population (Figure 1).²

**Figure 1: Number of Student Parents at All Postsecondary Institutions by Sex and Marital Status**

<table>
<thead>
<tr>
<th></th>
<th>Student Mothers</th>
<th>Student Fathers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single</td>
<td>1,400,478</td>
<td>867,396</td>
</tr>
<tr>
<td>Married</td>
<td>1,373,011</td>
<td>533,098</td>
</tr>
<tr>
<td>All</td>
<td>3,422,270</td>
<td>1,934,490</td>
</tr>
</tbody>
</table>

Notes: Postsecondary institutions include degree-granting four-year and two-year institutions as well as for-profit, less than two year, and non-degree-granting institutions. An estimated 235,327 student parents attend non-degree granting institutions.

Single is defined as students who have never been married or are divorced, widowed or separated.


Approximately 2.1 million student parents attend 2-year institutions, representing 30 percent of the entire community college student body. An additional 1.1 million student parents attend four-year institutions (public and private not-for-profit), representing 15 percent of the total four-year undergraduate student body, and 1.2 million student parents attend for-profit institutions, making up 51 percent of the student body at for profits. The remaining 371,207 student parents attend other institutions or more than one institution.³
While as noted above, 26 percent of all students are raising children, the share of women (32 percent) doing so is much higher than the share of men raising children (18 percent), and women of color are the most likely students to be raising children while pursuing a postsecondary degree (Figure 2). Nearly half of all black women in college have dependent children (47 percent), followed by roughly two in five American Indian or Alaska Native and Native Hawaiian or Pacific Islander women (41 percent and 39 percent, respectively; Figure 2). While male students are less likely, overall, than female students to be parents, African American and Native American men in college have much higher rates of parenthood than men in other racial/ethnic groups. A quarter of black men in college are fathers, as are nearly a quarter (24 percent) of American Indian or Alaska Native men (Figure 2).

Figure 2: Proportion of Undergraduate Students with Children by Race/Ethnicity and Gender

![Figure 2: Proportion of Undergraduate Students with Children by Race/Ethnicity and Gender](image)


Students with children are especially unlikely to complete a certificate or degree within six years of enrollment, with only 33 percent attaining a degree or certificate in that time. They face significant time demands, with 56 percent of single parents devoting more than 30 hours per week to dependent care, and often have significant financial challenges.

Student parents are more likely than their counterparts without children to have low-incomes. Sixty-one percent of all student parents have no money to contribute to college expenses (i.e. they have an Expected Family Contribution of $0). Among single students with children, 88 percent have incomes at or below 200 percent of poverty.

Students with children also have much higher levels of debt after graduation than their nonparent counterparts (Figure 3). Student mothers’ average undergraduate debt one year after graduation
is approximately $3,800 more than that of female students with no children, and nearly $5,000 more than that of male students with no children.

**Figure 3: Average Undergraduate Debt One Year after Graduation by Gender and Parent Status**

Note: Average undergraduate debt is for students with some undergraduate debt. Sample does not include students with no undergraduate debt. 
Source: IWPR analysis of data from the U.S. Department of Education, National Center of Education Statistics. 2008 Baccalaureate and Beyond Survey data.

Notes


2 Ibid.


8 Gault, Reichlin, and Román. *College Affordability for Low-Income Adults*. 

3
The Institute for Women's Policy Research (IWPR) conducts rigorous research and disseminates its findings to address the needs of women, promote public dialogue, and strengthen families, communities, and societies. The Institute works with policymakers, scholars, and public interest groups to design, execute, and disseminate research that illuminates economic and social policy issues affecting women and their families, and to build a network of individuals and organizations that conduct and use women-oriented policy research. IWPR's work is supported by foundation grants, government grants and contracts, donations from individuals, and contributions from organizations and corporations. IWPR is a 501 (c) (3) tax-exempt organization that also works in affiliation with the women's studies and public policy and public administration programs at The George Washington University.