10 Ways to Search for Internships

1. Use your UIS Resources!
   - Start your search with IPL: [http://www.uis.edu/cas/ipl/](http://www.uis.edu/cas/ipl/)
   - Also, check out the Career Development Center CareerConnect page: [http://www.uis.edu/career/](http://www.uis.edu/career/)
   - Talk to your peers and professors – use your network.

2. Are you looking in an area outside of Springfield? Research companies and organizations that interest you. Then, you can apply for posted internships, or reach out to see what opportunities are available.
   - Check out the local Chamber of Commerce or other business or nonprofit organization sites.
   - Use the Yellow Pages or a local newspaper.

3. Check out traditional job fairs. On campus fairs include:
   - UIS Career Expo (held in February)
   - UIS Volunteer & Internship Fair (held in August/September)
   - Accounting major? Attend the ACC Career Fair in September.

4. Want to work for a specific company? Go to their “Careers,” “Jobs,” or “Employment” page. Apply for specific positions or contact the HR department directly to ask about internship opportunities.

5. Use LinkedIn to create your professional profile and connect with others. You can also search for internships by location or industry: [https://www.linkedin.com/](https://www.linkedin.com/)

6. Follow company and professional organization social media accounts to hear about new opportunities.
   - Cultivate your online footprint as you would a resume. Display a clean, professional online presence.

7. Network!
   - Who do you know? Reach out to friends, family members, current/past employers, UIS alums, neighbors, etc. to ask about internship opportunities and professional contacts.

8. Interested in working for the government? Search for internships at the state and federal level:
   - [www.work.illinois.gov](http://www.work.illinois.gov)
   - [www.usajobs.gov](http://www.usajobs.gov)

9. Search other internship/job/career sites, such as:
   - [www.internships.com](http://www.internships.com) or [www.internjobs.com](http://www.internjobs.com)
   - [www.indeed.com](http://www.indeed.com), [www.collegerecruiter.com](http://www.collegerecruiter.com), or [www.simplyhired.com](http://www.simplyhired.com)

10. Are you interested in going abroad to intern?
    - Meet with IPL and International Programs to talk about opportunities for UIS students.
    - There are many for-profit programs that provide internship opportunities abroad. Talk to IPL about how to navigate these opportunities.