The Illinois Department on Aging welcomes you to the 33rd annual

Governor’s Conference on Aging and Disability

December 10-12, 2014 | Marriott Downtown Chicago
Dear Friends & Colleagues,

On behalf of the Illinois Department on Aging, I extend a heartfelt Welcome/Bienvenidos/Bywaj/欢迎/Kaabo! to attendees of the 33rd Annual Governor’s Conference on Aging and Disability! This conference attracts nearly 1,000 presenters, exhibitors, professionals and consumers alike who want to learn the latest information on how to best perform roles serving older adults and individuals with disabilities. This year’s conference theme could easily be “transcendency” as our keynote speakers will offer ideas that go well beyond conventional thinking and practices for serving the needs of older Illinoisans.

**Erin McInrue** of Age Wave, opens the plenary session speaking on “How the Modern Family is Transforming Aging, Retirement and Community.” Erin will discuss significant demographic and economic changes driving transformations occurring throughout our country and how they affect today’s modern family. Our closing plenary presenter, **Jane Barratt**, represents the International Federation on Ageing (IFA) as its Secretary General and brings the perspective of an organization representing ~50 million older adults served by government agencies, NGOs, academia, industry and professionals in 62 countries. We look forward to her plenary as it continues to strengthen our understanding of inclusivity and aging. We also convinced Ms. Barratt to lead a workshop presenting the most recent and compelling research on the value of pet ownership for older adults.

All of our selected workshops tackle difficult topics yet manage to offer the latest advances in the field of aging. This year’s presenters will range in subjects from pharmacology and aging, to persons-centered care, to training intensives on the Balancing Incentive Program (BIP) and the Illinois 1115 Waiver application. No conference would be complete without group meetings and we’re so pleased to host the gatherings of the Area Agencies on Aging, the Illinois Council on Aging, Generations Serving Generations, Community Care Program Advisory Committee, Adult Day Services Association, and the National Governor’s Association Illinois Policy Committee. What a way to end the year and begin the coming year with new knowledge and new and renewed friendships that create transcending winds beneath your sails.

Welcome to the 33rd Annual Governor’s Conference on Aging and Disability!

Sincerely,

John K. Holton, Ph.D.
A SPECIAL THANK YOU TO OUR SPONSORS

**DIAMOND**

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ComEd
Help at Home, Inc.

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Humana
IlliniCare Health

**SILVER**

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Philips Lifeline
Healthcom, Inc.
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**BRONZE**

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REST Program
Illinois Network of Talking Books Libraries
Tunstall AMAC
Valued Relationships, Inc. (VRI)
Tuesday, December 9
5:00 pm-7:00 pm  Registration Check-in/On-site Registration

Wednesday, December 10
7:00 am-4:30 pm  Registration Check-in/On-site Registration
9:00 am-12:00 pm  Intensives/Meeting
12:00 pm-1:00 pm  Lunch (on your own)
1:00 pm-2:15 pm  Opening General Session, Sponsored by ComEd
2:15 pm-2:30 pm  Refreshment Break, Sponsored by Humana
2:30 pm-4:30 pm  Intensives
4:00 pm-7:00 pm  Exhibits Open
5:00 pm-7:00 pm  Conference Reception, Sponsored by Help at Home, Inc.

Thursday, December 11
7:30 am-3:30 pm  Registration Check-in/On-site Registration
7:30 am-8:30 am  Continental Breakfast, Sponsored by Addus Health Care
7:30 am-3:30 pm  Exhibits Open
8:30 am-9:30 am  Concurrent sessions
9:45 am-10:45 am  Concurrent sessions
11:00 am-12:00 pm  Concurrent sessions
12:00 pm-1:15 pm  Lunch (on your own)
1:30-2:45 pm  Concurrent sessions
2:45 pm-3:15 pm  Refreshment Break, Sponsored by IlliniCare Health
3:15 pm-4:30 pm  Concurrent sessions
5:00 pm-7:00 pm  Inaugural Celebration: 50th Anniversary of the Older Americans Act 1965-2015
Sponsored by: Cigna HealthSpring and The Illinois Council on Aging

Friday, December 12
8:00 am-1:30 pm  Registration Check-in/On-site Registration
7:30 am-8:30 am  Continental Breakfast, Sponsored by Philips Lifeline
8:30 am-9:30 am  Concurrent sessions
9:45 am-10:45 am  Concurrent sessions
11:00 am–12:00 pm  Closing Session, Sponsored by IlliniCare
12:00 pm-2:30 pm  Awards Luncheon, Sponsored by Blue Cross Blue Shield of Illinois
Erin McInrue is passionate about advancing our understanding of the trends and implications of population aging. She is committed to fostering ways that corporations can better serve the needs of people throughout the second half of life and in retirement. As Age Wave’s Director of Research, Ms. McInrue plays a key role conceptualizing and co-leading highly acclaimed, national, thought-leadership studies that “dig deep” into the demographic, health, social, and consumer trends of the over-50 population. Sponsored by major national clients, these surveys are aimed at better anticipating the unique hopes, worries, dreams, and concerns of people age 50+ and creating attendant solutions. These landmark studies cover a breadth of topics ranging from healthcare worries of living a long life, attitudes toward long-term care, financial priorities to and through retirement, changing family structures and dynamics, and the role of work and legacy in later life. Ms. McInrue also works closely with Age Wave’s CEO, Ken Dychtwald, Ph.D., supporting his professional activities in a variety of timely and significant aging-related special projects.

Jane Barratt is the Secretary General of the International Federation on Ageing (IFA) comprising government and non-governmental members in 62 countries and representing some 50 million older people. She brings to this position over 35 years experience in both public and private sectors in the fields of public health, community and aged care, and ageing and disability.

Dr. Barratt strives to strengthen the roles and relationships between government, NGOs, academia and industry in order to help shape and influence policy to improve the quality of life of older people. She is a strong contributor to the international dialogue on the social, political, cultural and physical environments that impact on the lives and human rights of older people.

Over many years Jane has led in organizational management, staff development and the analysis of operations leading to improvements in policies, programs and client outcomes across sectors and disciplines. She is an international speaker and facilitator of some repute, with a flair for thought provoking sessions that call on audiences to take action.

Dr. Barratt is a Churchill Fellow, and recently awarded the Queen Elizabeth II Diamond Jubilee Medal in Canada in recognition of her commitment and passion to enhance the understanding of issues relating to ageing and engaging in dialogue with governments and the private sector to improve the quality of life of older people.

She represents the IFA at the United Nations Economic and Social Council and is directly responsible for the formal relations with the Ageing and Life Course Department, World Health Organization. Jane holds adjunct academic positions, executive and board positions on ministerial, government and non-government organizations including Age Macular Degeneration Alliance International and Baycrest, which is one of the world’s premier academic health sciences centers focused on ageing.
Conference Information

PARKING

The conference has negotiated a price for conference attendees with the self-parking garage—The Row (50 East Ohio at the corner of Rush & Ohio). Cost is $27 daily and $46 overnight. If you are staying overnight at the hotel, you will need to notify the front desk that you are with the Governor's Conference to receive the discounted rate. If you park in The Row garage but are not lodging at the hotel, you must obtain a sticker at the Registration Desk in order to receive the discounted rate. The sticker goes over the pre-existing barcode on your parking ticket from the garage. If you choose to valet park at the hotel, rates are $37 for up to six hours, and $61 for six to twenty-four hours. Please be aware that you may be delayed in getting your vehicle due to congestion when the conference adjourns.

CONFERENCE EVALUATIONS

The Governor's Conference on Aging and Disabilities will be sending each attendee an online conference evaluation. Your input is important to us. Please help us plan future conferences by completing this survey. Four lucky winners will be selected at random to receive complimentary registration for the 2015 Governor's Conference on Aging and Disabilities. The deadline for completing the conference evaluation is: January 2, 2015. Look for an email containing the link to the evaluation, to be sent no later than December 16, 2014.

FOR YOUR CONVENIENCE:

• Cellular Phone Charging Station: For your convenience, a cell phone charging station will be available Wednesday, 4:00 pm-7:00 pm, and Thursday, 8:00 am-3:00 pm. This is courtesy of ADT Home Security Services. Be sure to visit their table near the entrance of the exhibit hall!

• Conference Wi-Fi: We have arranged for free Wi-Fi for conference attendees. Access is available on all conference floors. Locate network Marriott Conference on your device. Once the splash screen appears, agree to terms and conditions and enter password govconf2014 exactly as shown.

WEDNESDAY, DECEMBER 10, 2014 MEETINGS

9:00 AM - 12:00 PM CCPAC, Salon F-G, 5th Floor
9:00 AM - 12:00 PM Council on Aging Meeting, Salon E, 5th Floor
10:30 PM - 1:00 PM Generations Serving Generations, Jane Angelis, Scottsdale Room, 5th Floor
4:30 PM - 5:30 PM Illinois Adult Day Services Association, Kansas City, 5th Floor
Next March, the Aging in America Conference returns to the vibrant city of Chicago for five days of intensive learning, networking and community-building. Aging in America is the nation’s largest multidisciplinary conference for professionals who work with older adults, including the organizations and businesses increasingly interested in this growing market. As an attendee, exhibitor or faculty member you will:

- **Learn** about new and innovative ideas that will help you in your work with older adults;
- **Discover** practical solutions to the challenges you face on a day-to-day basis;
- **Connect** with peers and leaders who will transform the way you think about aging;
- **Reach** a community of professionals who collectively influence the lives of hundreds of thousands of older people through their everyday work.

**BRING A GROUP AND SAVE!**

Bring your team of five or more and save 5-10%! Visit www.asaging.org/aia for details.

**FREE CEUs!**
**Earn up to 23 CEUs by attending AiA15**

**As an attendee of the Illinois Governor’s Conference on Aging and Disability, receive a $40 discount on your registration fees! Enter discount code CHIG40 when you register.**

Request a copy of the conference announcement

If you would like to receive one or more hardcopies of the conference announcement, you can request one online or contact Linda Jones at ljones@asaging.org.

www.asaging.org/aia
Certification Procedure

CONTINUING EDUCATION UNITS (CEUS), CCP CARE COORDINATOR RECERTIFICATION, ADULT PROTECTIVE SERVICES RECERTIFICATION, AND CERTIFICATES OF ATTENDANCE

Certifications:

One form (“Certificate Request Form”) will be used to request Continuing Education Units (CEUs), CCP Care Coordinator Recertification, and Adult Protective Services Recertification. The request form is located in this conference program.

How to submit form requesting certification:

Email completed form with supervisor's signature, to Gidget.Freeberg@illinois.gov no later than December 20, 2014.

NURSING HOME ADMINISTRATOR Conference total = 14.75 credits:
Wednesday: 6.25 credits; Thursday: 5.5 credits; Friday: 3.0 credits
The Illinois Department on Aging has been approved as sponsor of continuing education credits in the 2012-2014 renewal periods by the Nursing Home Administrator Licensing Board of the State of Illinois Department of Financial and Professional Regulation. Sponsor license number 139-000063.

LICENSED SOCIAL/CLINICAL SOCIAL WORKER/LICENSED PROFESSIONAL COUNSELOR Conference total = 14.75 credits:
Wednesday: 6.25 credits; Thursday: 5.5 credits; Friday: 3.0 credits
The Illinois Department on Aging has been approved as sponsor of continuing education credits in the 2012-2014 renewal periods by the Licensed Social/Clinical Social Worker Licensing Board of the State of Illinois Department of Financial and Professional Regulation. Sponsor license number 159-000109.

REGISTERED PROFESSIONAL NURSE Conference total = 14.75 credits:
Wednesday: 6.25 credits; Thursday: 5.5 credits; Friday: 3.0 credits
The Illinois Department on Aging has been approved as sponsor of continuing education credits for Registered Professional Nurses, by the State of Illinois Department of Financial and Professional Regulation, pursuant to the Rules of the Nurse Practice Act, section 1300.30.

LICENSED PRACTICAL NURSE Conference total = 14.75 credits:
Wednesday: 6.25 credits; Thursday: 5.5 credits; Friday: 3.0 credits
The Illinois Department on Aging has been approved as sponsor of continuing education credits for Licensed Practical Nurses, by the State of Illinois Department of Financial and Professional Regulation, pursuant to the Rules of the Nurse Practice Act, section 1300.30.
## WEDNESDAY AT-A-GLANCE

### 9:00 AM – 12:00 PM INTENSIVES

<table>
<thead>
<tr>
<th>W1</th>
<th>Two-part intensive: Balancing Incentive Program and 1115 Comprehensive Medicaid Waiver</th>
<th>Salon H (5th)</th>
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### 1:00 PM – 2:15 PM

- Opening General Session, Sponsored by: ComEd  
  Salon A-D (5th)

### 2:30 PM – 4:30 PM INTENSIVES

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<thead>
<tr>
<th>W2</th>
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<td>W3</td>
<td>Creating a Dementia-Capable Illinois</td>
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<td>W4</td>
<td>“Caring for Yourself While Caring for Others”: An Introduction to a homcare training curriculum, developed by the National Institute for Occupational Safety and Health (NIOSH)</td>
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<td>W5</td>
<td>Family Dynamics in Ethnic Populations</td>
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<td>W6</td>
<td>Creative Engagement Laboratory for the Health Care Professional</td>
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<td>W7</td>
<td>Further Development of Illinois Aging &amp; Disability Resource Centers (ADRC)/Networks &amp; Federal No Wrong Door Planning Grant Updates and Listening Session</td>
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<td>W8</td>
<td>ComEd Care Financial Assistance Program</td>
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### 5:00 PM - 7:00 PM

- Conference Reception, Sponsored by: Help at Home, Inc.  
  Salon E and Foyer (5th)
WEDNESDAY - 9:00 AM - 12:00 PM Intensives

W1: Two part intensive: Balancing Incentive Program and 1115 Comprehensive Medicaid Waiver
Salon H, 5th floor
Nyle Robinson, Illinois Department on Aging, Springfield; Lora McCurdy, Illinois Department of Health and Family Services, Chicago; Dorecia Rivera, Illinois Department of Human Services, Chicago
IDoA Staff and Panel Discussion

Balancing Incentive Program (BIP) Updates – The federal Balancing Incentive Program is a wide ranging effort to increase the percentage of long-term service and support funding going to services provided in the home and community from the original 27% to at least 50%. To receive project funding the state had to pledge to: 1) implement conflict-free case management, 2) introduce a universal assessment tool, and 3) create a no-wrong door system for services. This presentation will review the range of activities being undertaken utilizing BIP funding with particular attention paid to those projects that touch all ages and disabilities, including; both the Level 1 (intake) and Level 2 (assessment) universal assessment tool, the introduction of both a central BIP Hotline and a unified BIP website, Ombudsman coverage for persons in Medicaid waivers, the pilot project at seven sites to test ways to fill gaps in the existing service system in an effort to reduce nursing home placements, and efforts to rebrand and improve the Aging and Disability Resource Center (ADRC) system in the state.

Illinois’ 1115 Waiver Request – Illinois 1115 includes many aspects of its Medicaid waiver and all aspects of the request will be noted during the presentation. However, particular attention will be placed on the plan to merge the Home & Community-Based waivers [1915 (C)] operated by the Department on Aging and the Department of Human Services. It is anticipated the state will be able to make dramatic improvements in services through this process and correct a number of structural problems in the current service delivery system. A great deal of effort is underway to prepare for this change, including an unprecedented effort to gather stakeholder input. This session will allow participants to hear the latest updates on the project as well as to ask questions and provide input.

Lunch (on your own) 12 - 1 pm

WEDNESDAY - 1:00 PM - 2:15 PM

OPENING GENERAL SESSION sponsored by ComEd

How the Modern Family Is Transforming Aging, Retirement and Community, presented by Erin McInrue, Age Wave’s Director of Research, Emeryville, CA

Salon A-D, (5th)

We are all familiar with families like the Cleavers or the Simpsons—Dad, Mom, and 2.5 kids happily living under one roof in the suburbs. But over the past 100 years, significant demographic and economic changes have dramatically transformed the American family and communities across the country. We no longer live in a world where most people are members of a “nuclear family.” How is today’s modern family—or post-nuclear family—different? How do—and will—family changes impact health and care needs, the workforce, housing, legacy, leisure, social services, and financial planning? What are the implications for businesses and aging service providers? How do we navigate the potentially complicated relationships and compelling challenges faced by modern families in retirement and later life, such as blending families together and bridging the miles between relatives living in faraway communities? This presentation covers four trends that, in concert, have transformed and continue to profoundly influence today’s families: unprecedented longevity, family complexity, financial interdependence, and women’s rising influence.
**W2: Medicare 2015 Updates**  
*Los Angeles/Miami, (5th)*  
David Lezik, SHIP, Illinois Department on Aging; Jennifer Reif, Illinois Department on Aging, Springfield; BAA and SSA Representative  
This session will provide timely information to help you better assist Medicare beneficiaries with navigating their health care options and accessing public benefits. Hear from experts with Senior Health Insurance Program (SHIP), Benefit Access Program (BAA), and the Social Security Administration (SSA).

**W3: Creating a Dementia-Capable Illinois**  
*Denver/Houston, (5th)*  
Melanie Chavin, Alzheimer’s Association, Greater Illinois Chapter; Raj Shab, Associate Professor, Rush Alzheimer’s Disease Center, Chicago; Betsy Creamer, Illinois Department on Aging, Springfield; Greg Kcronac, Director of Education and Outreach Programs, Southern Illinois University School of Medicine, Springfield; Erna Colborn, President and CEO, Alzheimer’s Association, Greater Illinois Chapter, Chicago; Rhonda Clancy, Alzheimer’s Disease Program Coordinator, Illinois Department of Public Health, Springfield  
Over 210,000 Illinoisans are living with Alzheimer’s disease (AD) today. By 2050 this number is expected to increase by nearly 26%. One in nine older Americans has AD, and a recent Rush University Medical Center study showed that AD may be the third leading cause of death among adults. In 2014, Medicare and Medicaid are expected to pay $150 billion for health care, long-term care and hospice care for people with AD and other dementias.  
AD is a public health crisis. Fortunately, Illinois is taking steps to address this issue through a combination of programs, initiatives, and public policy efforts. This session will introduce participants to a variety of activities underway to make Illinois a more dementia-capable state.

**W4: “Caring for Yourself While Caring for Others”: An Introduction to a homecare training curriculum, developed by the National Institute for Occupational Safety and Health (NIOSH)**  
*Salon A-C, (5th)*  
Joy Pritchett is a Senior Program Officer at FHI360. She has more than 30 years of experience in testing messages and developing training materials on occupational health and safety and other public health topics. She also has extensive experience in training and adult education and has dedicated much of her work life to staff development and participatory training for workers.  
Home care workers who provide housekeeping and routine personal care services to elderly, disabled or ill individuals in their homes, constitute one of the fastest growing occupational groups, estimated at about 1,500,000 workers (Baron 2009). It is a low wage job (mean annual wage of under $20,000) and is about 50% minority, Hispanic and/or immigrant workers (Baron 2009). It is also one of the occupations with the highest occupational injury rate. In 1997, the U.S. Bureau of Labor Statistics issued a special report on work-related injuries to home care workers showing an injury rate which was 50% higher than that of workers employed in the private hospital sector and 70% higher than the overall rate for all private industry workers (BLS 1997).  
As a result of the above findings, NIOSH developed educational intervention materials for home care workers. The primary goal of the materials is to prevent exposure to work-related hazards for home care workers. By improving worker safety, they also hope to achieve a secondary goal of improving home care services for clients. This session will introduce attendees to the curriculum and how it works.

**W5: Family Dynamics in Ethnic Populations**  
*Salon D, (5th)*  
Marta Pereyra-CLESE, Chicago; Awilda Gonzalez and Santosh Kumar, Universal Industries, Inc., Chicago; Sueylee Chang, Chinese Community Coordinator, Chicago; Angel Kindo, Urbhai Community Service Center, Chicago; Iteidal Shalabi, Arab American Family Services, Chicago  
Participants will learn about the demographic composition of ethnic groups in Illinois. The presentation will focus on major characteristics of family dynamics among the largest ethnic groups represented in the state: Latino, Polish, Chinese, Asian Indian, Assyrian and Arabic.
**W6: Creative Engagement Laboratory for the Health Care Professional**  
**Kansas City, (5th)**  
Kareen King, M.A., Registered Drama Therapist, Osage City, KS  

There is a growing body of evidence about the therapeutic value of the arts and creativity in the care of seniors and those with dementia. But, how does one actually facilitate and foster creative engagement in an Adult Day Service setting?

Enter The Golden Experience™. Kareen King, MA, Registered Drama Therapist, demonstrates how she has evolved in her journey as a traditional Activity Director who coordinated and facilitated conventional nursing home activities, to a Creative Engagement Facilitator where resident-directed enrichment occurs organically in an experience that fosters self expression and discovery. This workshop serves as a laboratory where the participants assume the role of clients, truly “experiencing” creative engagement in a Golden Experience “lab” while learning proven techniques they can apply in their own LTC communities and in their personal life stories. Groundwork will be laid on the basics of improvisational storytelling. Participants also receive a lesson plan from the workshop experience to apply when they return to their workplaces. Participants gain new perspective on what’s possible in creatively engaging individuals in long-term care communities.

**W7: Further Development of Illinois Aging & Disability Resource Centers (ADRC)/Networks & Federal No Wrong Door Planning Grant Updates and Listening Session**  
**Salon H, (5th)**  
Nyle Robinson, Illinois Department on Aging, Springfield and the following representatives from the Lewin Group: Carrie Blakeway, Managing Consultant, Alan Factor, Senior Consultant, Sim Smathers, Senior Consultant  

The federal government has been promoting the development of ADRC networks for over a decade and Illinois has been following their guidance. Their guidance on what is required has been evolving over that time. As part of the state’s Balancing Incentive Program, the state is working to improve its system, make it more inclusive and build the brand so that it is more recognized throughout the state. In addition, the Department on Aging has received a federal grant on behalf of the state to develop a plan and No Wrong Door system that will cover all populations and all payers involved in the provision of long-term services and supports. This plan must include both high level and stakeholder input from specific groups, including ID/DD, behavioral health, aging, and physical impairments. They encourage states to include veteran’s services and we feel it is particularly important to include housing. This presentation will discuss the requirements of the project, how input will be gathered and how existing work with the BIP and 1115 process will be leveraged. Illinois has the national leaders in the process of effective ADRC development, the Lewin Group, under contract to help us. In addition to providing updates this session is intended to help gather input on the strengths and weaknesses of the current system and to gather thoughts on what would help create a stronger, more effective and collaborative system moving forward. (Led by Lewin Group but likely with some others participating)

**W8: ComEd CARE Financial Assistance Programs**  
**Avenue Ballroom, (4th)**  
Sergio Alzate, ComEd, Chicago  

ComEd’s CARE program offers a range of financial assistance programs to help eligible customers pay their electric bills, and supports energy-assistance programs that help those in need. Attend this workshop to learn about available grants and bill payment options to assist eligible ComEd customers, including seniors and veterans, who are behind on their electric bills.

**CONFERENCE RECEPTION**  
5:00-7:00 PM: Salon E and foyer, 5th floor  
Please join Director John Holton in celebrating the 33rd annual anniversary of the Governor’s Conference on Aging. Sponsored by Help at Home, Inc.
when you or a loved one needs care

We can provide a full range of home care services customized to meet your needs

Help at Home, Inc. is committed to enhancing the quality of life for our clients and providing a viable alternative to living in a nursing home or long-term care facility.

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Alabama, Georgia, Illinois, Indiana, Kentucky, Michigan, Mississippi, Missouri, South Carolina, and Tennessee

For more information visit our website at www.helpathome.com
### THURSDAY AT-A-GLANCE

#### 8:30 AM – 9:30 AM

| T1: Creating A Dementia-Capable Illinois | Salon F (5th) |
| T2: Pharmacogenomics-guided treatment for improved patient care | Salon G (5th) |
| T3: Services for Persons with Acquired Brain Injury | Salon H (5th) |
| T4: The Illinois New Uniform Assessment - Status of Instrument, DON & Implementation | Denver/Houston (5th) |
| T5: Writing as Catharsis--Family Stories that Heal | Kansas City (5th) |
| T6: Illinois Financial Abuse Specialist Team (iFAST) | Los Angeles/Miami (5th) |

#### 9:45 AM – 10:45 AM

| T7: Healthy Brain Initiative: Addressing Cognitive Impairment and Care Partner Needs in Illinois | Salon F (5th) |
| T8: Introducing the ‘D’ in ADRC | Salon G (5th) |
| T9: No ‘I’ in Team Work | Salon H (5th) |
| T10: Illinois’ New Uniform Assessment – Software Package | Denver/Houston (5th) |
| T11: Creative Partnerships Serving Seniors in Affordable Housing | Kansas City (5th) |
| T12: A Painful and Lonely Battle--Dealing with Abuse in Childhood and Old Age | Los Angeles/Miami (5th) |
# THURSDAY AT-A-GLANCE

## 11:00 AM – 12:00 PM

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<th>Shaping Alzheimer’s Public Policy in Illinois</th>
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<td>T14:</td>
<td>The Dignity of Risk</td>
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<td>T15:</td>
<td>Managed Care Updates</td>
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<td>T16:</td>
<td>Hold It! Your Audience That Is: How the Illinois SMP Program</td>
<td>Denver/Houston (5th)</td>
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<td>Engages Older Adults in Fighting Health Care Fraud</td>
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<td>T17:</td>
<td>Multiculturalism in Aging: Latino Perspective</td>
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<td>T18:</td>
<td>Understanding Sexual Violence: Responding to Survivors with Disabilities</td>
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**Lunch (on your own) 12 - 1 pm**

## 1:30 PM - 2:45 PM

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<th>Toward a Dementia-Capable State: The Family Perspective</th>
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<td>Enhancing Our Understanding of Who We Serve: Strength vs. Deficit Perspectives</td>
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<td>T21:</td>
<td>Public Benefits for Low-Income Seniors</td>
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<td>T22:</td>
<td>Coordinating Care for Persons with Mental-Physical Dual Diagnosis</td>
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<tr>
<td>T23:</td>
<td>Joining Forces to Reach Older Residents (Members!): Humana and JenCare Health Clinics with AgeOptions reach out to explain the Medicare/Medicaid Alignment Initiative</td>
<td>Kansas City, (5th)</td>
</tr>
<tr>
<td>T24:</td>
<td>Advocacy and Access: How to Assure Expected Results when Navigating the Legal and Judicial Systems</td>
<td>Los Angeles/Miami (5th)</td>
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3:15 PM - 4:30 PM

T25: Creating the IC (CCU Dementia Training Video: A Model of Collaboration
Salon F (5th)

T26: Person-Centered Counseling - A New Approach
Salon G (5th)

T27: Transitions in Coverage
Salon H (5th)

T28: Getting Real With Your Volunteer Policies & Procedures: Tangible Tips to Empower Volunteers & Strengthen Your Program
Denver/Houston (5th)

T29: Memory Cafes: A Place for Everyone
Kansas City (5th)

T30: Building Training...Building Quality: Creating a Competency-Based Training Program for Personal or Home Care Aides
Los Angeles/Miami (5th)

5:00 PM - 7:00 PM

Inaugural Celebration: 50th Anniversary of the Older Americans Act 1965-2015 and The Illinois Council on Aging
Sponsored by: Cigna HealthSpring
Salon 1 (7th)

Master of Arts in Human Services Gerontology

- Family system based curriculum.
- Faculty with field experience.
- Earn a University of Illinois degree.
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T1: Creating a Dementia-Capable Illinois
Salon F, (5th)
Greg Kyrouac, Director of Education & Outreach Programs, Center for Alzheimer’s Disease & Related Disorders, SIU School of Medicine, Springfield; Betsy Creamer, Illinois Department on Aging, Springfield; Melanie Chavin, Alzheimer’s Association, Greater Illinois Chapter, Chicago
This session will offer an overview of the growing need for dementia-capable services, and introduce participants to Illinois’ efforts to create a dementia-capable state.

T2: Pharmacogenomics-guided treatment for improved patient care
Salon G, (5th)
Kevin Rosenblatt, M.D., Ph.D. CMO, Companion Dx Reference Lab, LLC, Houston, Texas
Pharmacogenomics (PGx) is the study of how genes affect a person’s response to medications. Variations in drug metabolism due to genetic polymorphisms have been implicated as a cause for the significant inter-patient variability in drug response and outcomes. Genetic factors can influence drug efficacy and the likelihood of an adverse event. Patients with reduced metabolism on pro-drugs such as Plavix and Tamoxifen are expected to experience therapeutic failures. Various clinical trials in psychiatry have demonstrated that PGx-guided psychotherapy is more effective than standard of care; while aberrant patient metabolism has been associated with an increased incidence of adverse drug events (ADE). In a recent study, PGx-guided treatment helped physicians identify 30% of patients with severe drug-gene interactions who had the greatest improvement in depressive symptoms when switched to genetically suitable medication regimens. According to the Institute of Medicine, there are nearly 1.5 million preventable ADEs that occur every year. This presentation will provide a basic background for clinical PGx, examples of studies and key examples of clinical benefits of PGx testing, and cover how practitioners can implement PGx testing in their clinical practice.

T3: Services for Persons with Acquired Brain Injury
Salon H, (5th)
Lyle VanDeventer, Deputy State Home Care Ombudsman, Illinois Department on Aging, Springfield
Acquired brain injury affects individuals in different ways so that no two brain injuries will look exactly the same. This session provides a general overview of acquired brain injury, how it might affect an individual, and the possible effect on their family and friends. This session will also review services offered by the State of Illinois to assist individuals with acquired brain injury in living and working in their communities.

T4: The Illinois New Uniform Assessment - Status of Instrument, DON & Implementation
Part 1 – The instrument and the DON Replacement
Denver/Houston, (5th)
Panel discussion, moderated by Carole Schwartz, Illinois Department on Aging, Chicago
Join us for a lively panel discussion about the new Uniform Assessment Tool (UAT). The UAT contains a subset of items that will replace the Determination of Need (DON) by August 1, 2015. July 2013 ended the procurement process and the subsequent contract was awarded. The vendor(s) were to address the State's goal to identify a more comprehensive evaluation tool that facilitates person centered planning and identifies the complex and unmet needs of its population; as well as planning the replacement of the DON. This is part of an initiative that meets the State’s awarded grant for the Balancing Incentive Program. The entire assessment that contains the DON replacement is currently being prepared for a multi-agency implementation using specific processes that include stakeholder feedback. The DON tool is used for screening of eligibility determination of Nursing Facility level of care. The eligible consumer may choose if the care is delivered in the nursing home or in the home or community. If both Medicaid and determination of need eligibility criteria scores are met and the participant chooses home/community care, then Home and Community Based Services and Supports (HCBS) are delivered by the Illinois Department on Aging (IDoA) or Department of Rehabilitation Services (DRS) per specific waiver qualifications. Currently each Illinois State Agency uses a separate comprehensive assessment to determine their populations’ unmet needs and the participants input to design the care plan for HCBS. The UAT is expected to both inform assessors and participants of unmet needs that could be addressed via waiver and non-waiver/community services and supports to enable the choice of living at home or within the community.
T5: Writing as Catharsis--Family Stories that Heal
Kansas City, (5th)
Patricia Marton, Ph.D., Independent Scholar, Bloomington
This workshop, intended for family members of various ages, will include descriptions of family stories and their backgrounds, as well as the creation process itself-through memories and tangible surroundings. The presenter will show how such stories can be used both to create family histories, and to heal family members who have gone through traumatic experiences. She will also read excerpts from these stories and encourage participants to share their experiences too.

T6: Illinois Financial Abuse Specialist Team (iFAST)
Los Angeles/Miami, (5th)
Samantha Hudson, AgeOptions, Oak Park; Katie Walsh, Cook County Sheriff’s Office, Chicago; Tracy Bousky, FSN Plan
Our session will focus on raising awareness and educating others on financial exploitation and its prevalence in older adults. The Illinois Financial Abuse Specialist Team (iFAST) was organized in 2013 as a result of the growing trend in financial exploitation of older adults. The iFAST is a multidisciplinary effort that includes representatives from social service and community-based organizations, county and state law enforcement agencies, financial institutions, legal services and state agencies.

T7: Healthy Brain Initiative: Addressing Cognitive Impairment and Care Partner Needs in Illinois
Salon F, (5th)
Rhonda Clancy, M.S., Project Coordinator, Healthy Brain Initiative, Illinois Department of Public Health; Nora Kelly, MPH, Chronic Disease Surveillance and Data Team, Illinois Department of Public Health; Albert Botchway, Ph.D, MPhil, CHES, Research Associate, Center for Clinical Research, Southern Illinois University School of Medicine @Springfield; Laurie L. Call, Director, Center for Community Capacity Development, Illinois Public Health Institute
In 2013, the National Alzheimer's Association, and the U.S. Centers for Disease Control and Prevention (CDC), and the Healthy Aging Program developed the second in a series of road maps to advance cognitive health as an integral component of public health. The Healthy Brain Initiative: The Public Health Road Map for State and National Partnerships, 2013-2018 (Road Map), outlines how state and local public health agencies and their partners can promote cognitive functioning, address cognitive impairment, and help meet the needs of care partners. The Road Map includes 35 action items addressing four traditional domains of public health: monitor and evaluate, educate and empower the nation, develop policy and mobilize partnerships, and assure a competent workforce. Illinois was one of six states to receive funding from the National Association of Chronic Disease Directors, through CDC, to implement priority action items from the Road Map. This presentation will highlight the collaborative efforts of the many dedicated partners in Illinois.

T8: Introducing the 'D' in ADRC
Salon G, (5th)
Ann Ford, Executive Director, Illinois Network of Centers for Independent Living, Chicago
This session will explain the role that Centers for Independent Living play in providing services to people with disabilities of all ages, including those services that allow the consumer to make choices and decisions that are fully informed about options available to them.

T9: No 'I' in Team Work
Salon H, (5th)
Jennifer Moore, Chicago Commons, Chicago; Diane Drew, Executive Director, CHELP, Decatur
Attend this session to understand why teamwork is imperative to reach the common goal of serving an older adult in their home. This session will address why it is needed in situations such as: transferring a participant into the MCO process, contracting with the various MCOs and addressing participant needs relevant to transfers, billing problems, intakes and plans of care. Further, teamwork is needed to have an effective and timely billing process.
T10: Illinois' New Uniform Assessment – Software Package
Part 2 – The New Uniform Assessment Tool’s IT Software Package
Denver/Houston, (5th)
Panel discussion, moderated by Carole Schwartz, Illinois Department on Aging, Chicago
This panel will include State IT experts and UAT vendor(s) who will discuss the software that houses the new UAT and how this facilitates coordinating the multi-agency populations’ assessments to more effectively, efficiently and comprehensively lead to person centric care planning, referral, support and services. The panel will discuss how the UAT’s web based system is supported by software that is used for the intake of the client via screening tool and if this indicates a full assessment. What are “business rules” or “algorithms” in the software that facilitate the assessment’s information gathering and output? How will this facilitate person-centered care and planning? How will the workflow be managed? Are there dashboards that will keep the project on track? What Helpdesk features will be available? What security measures are used to keep the data safe? How will the data interface with the existing systems that each agency now uses? Will this information be linked to ABE or IES? These and other questions will be discussed by the expert panel and audience input resulting in a lively discussion.

T11: Creative Partnerships Serving Seniors in Affordable Housing
Kansas City, (5th)
Janel Green, Director of Resident Services, The Habitat Company, Chicago
Providing meaningful and effective programs and services for older adults living in public and affordable housing has become increasingly difficult. As the needs of older adults increase, the funding for activity programs in HUD funded housing continues to decline. Learn how to develop successful partnerships between housing providers, community based programs and governmental agencies to provide a higher quality activities program.

T12: A Painful and Lonely Battle--Dealing with Abuse in Childhood and Old Age
Los Angeles/Miami, (5th)
Patricia Marton, Ph.D., Bloomington
In this workshop, the presenter will discuss issues of abuse and how they can continue from childhood to old age, what can be done about them through help from community sources, problems that can be encountered along the way, and the most formidable battle of all--fighting the fear that can develop within oneself. Comments from agency employees, legislators, medical services, and victims will be included, and participants will be encouraged to share their concerns and experiences too.
T13: Shaping Alzheimer's Public Policy in Illinois
Salon E, (5th)
Andrew Kretschmarx, Manager, Advocacy, Alzheimer's Association, Greater Illinois Chapter, Chicago; Jennifer Belkon, Vice President, Public Policy, Alzheimer's Association, Greater Illinois Chapter, Chicago

This session will describe how grass roots advocacy efforts can be used to shape dementia-related public policy in Illinois. The Alzheimer's Association's public policy platform will be shared with the audience. Opportunity will be given to discuss the Association's directions and public needs.

T14: The Dignity of Risk
Salon G, (5th)
Ann Ford, Executive Director, Illinois Network of Centers for Independent Living, Chicago

The onset of a disability - at any age - introduces a variety of challenges into a person's life including new risks related to health and safety. This session will be provided by individuals who havecharted these waters and developed positive strategies to assure their personal safety.

T15: Managed Care Updates
Salon H, (5th)
Jennifer Reif, Division Manager, Benefits, Eligibility, Assistance and Monitoring, Illinois Department on Aging, Springfield; Healther Scalia, Human Representative, Strategic Consultant, Medicaid/Duals, Bolingbrook; Dr. Cynthia Sanders, MD, Meridian, Meridian Illinois Medical Director, Chicago; Michelle Haber, Chief of Bureau of Managed Care, Illinois Department of Healthcare and Family Services, Springfield; Laura Ray, Manager of Managed Care Programs, Bureau of Managed Care, Illinois Department of Healthcare and Family Services, Springfield

This session will provide an in-depth look at the structure and responsibilities of an Integrated Care Team. Attendees will gain a better understanding of the “care team” process and how MCOs provide a coordination of services including non-medical assistance and home and community based services. The session will also provide attendees with an overview of the enrollment process and MMAI rollout. HFS staff will discuss the information provided to members upon enrollment and follow up care to the members. Presenters will also discuss the ability for members to opt out of the managed care initiative and what “opting out” means for their continued care. IDoA BEAM staff will also be on hand to discuss steps that IDoA took in order to implement the managed care initiative in Illinois.

T16: Hold It! Your Audience That Is: How the Illinois SMP Program Engages Older Adults in Fighting Health Care Fraud
Denver/Houston, (5th)
Peggy Tully, Health Care & Fraud Information Specialist, AgeOptions, Oak Park; Jason Echols, AgeOptions, Oak Park; Annette McClain, AgeOptions, Oak Park

Look, and Listen! Sometimes all we get is one chance, and you don’t want to miss out on that opportunity to get your message across to your targeted audience. You also don’t want to miss their hidden messages; they can be significant. In this session, the Illinois SMP will demonstrate non-traditional ways to present information and reach out to older adults. We will discuss resourceful methods to work with partners and how the use of creative materials can reinforce your message.

T17: Multiculturalism in Aging: Latino Perspective
Kansas City, (5th)
Maria D. Oquendo-Scharneck, Health and Diversity Coordinator, AgeOptions, Oak Park; Carmenza Millan, AARP, Chicago

Multiculturalism is being redefined by the growing diverse older adult population. Latinos are the largest ethnic and racial minority in the United States. Cultural competency has become a necessity for organizations and practitioners in order to reach their changing service communities. AgeOptions has been engaged nationally and locally in exploring the impact of the diversity on the aging network. They have been developing culturally competent programming and inclusive staff policies over the last five years. The session will provide a global-to-local look at how an area agency on aging adapts to multiculturalism and the growing Latino population.

T18: Understanding Sexual Violence: Responding to Survivors with Disabilities
Los Angeles/Miami, (5th)
Megan Blomquist, Rape Victim Advocates, Chicago; Linda Sandman, UIC Institute on Disability and Human Development, Chicago; Disability self-advocate (TBD)

This presentation will provide background in understanding how sexual violence impacts the lives of survivors with disabilities. Myths and facts about sexual violence and people with disabilities will be examined, as well as the indicators for sexual victimization and trauma. Appropriately responding to victims of sexual violence will be an important goal within this presentation. Disability specific concerns will be highlighted.
T19:  Toward a Dementia-Capable State: The Family Perspective  
Salon F, (5th)  
Darby Morhardt, Ph.D., LCSW, Northwestern University Feinberg School of Medicine, Chicago; Raj C. Shah, M.D., Associate Professor, Family Medicine and Rush Alzheimer's Disease Center, Rush University Medical Center, Chicago  
This dynamic session brings together key experts from Illinois Alzheimer’s Disease Assistance Centers in a facilitated discussion with diagnosed individuals and their families regarding their experience with Illinois community services. Future directions, challenges and opportunities will be explored as we move forward in making Illinois a Dementia-Capable State.

T20:  Enhancing Our Understanding of Who We Serve: Strength vs. Deficit Perspectives  
Salon G, (5th)  
Carolyn Peck, Ph.D., Associate Professor, Department Chair, Human Services, University of Illinois- Springfield  
This session will provide direct service providers the skills and knowledge to integrate client strength based perspectives to their assessment and care plans. Specific examples will be provided when working with frail elders, individuals with dementia, and family caregivers.

T21:  Public Benefits for Low-Income Seniors  
Salon H, (5th)  
Shree Gurusamy, Senior Benefits Specialist, Metropolitan Asian Family Services, Chicago  
Metropolitan Asian Family Services is one of the leading agencies in providing social service programs to low-income and under-served populations. The demand for these services are increasing due to the economic downturn and slow recovery of our economy. MAFS staff assist clients in accessing public benefits available to fit their individual needs. Our staff is helpful in filling out applications for these services and provides case management services. Our staff acts as liaison between the client and public official to get help and support they may need. This year we provided assistance to about 900 people in Cook, Suburban Cook. This session will outline various techniques used in successfully distributing information to seniors.

T22:  Coordinating Care for Persons with Mental-Physical Dual Diagnosis  
Denver/Houston, (5th)  
Nyle Robinson, Illinois Department on Aging, Springfield and representatives from Access Living (Chicago) and Human Service Center (Peoria); Cindy Gilmer, VP of Clinical Services, Human Service Center (HSC), Peoria; Jeannine McAllister, Executive Director, Advocates for Access, Peoria Heights; Lorie Pence, Director, Outreach and Community Services, Central Illinois Agency on Aging, Inc., Peoria; Joanne Thomas, President/CEO, Central Illinois Agency on Aging, Inc., Peoria; Julie Hess, Executive Director, Autonomous Case Management, East Peoria  
The current long-term service and support delivery system in Illinois can create gaps and inequities. One of those is between the system of care for persons with both mental and physical health problems. The physical health system is not well versed in how to deal with persons with both kinds of disability. In addition, there is a high bar to qualify for state-funded mental health services, which can mean persons with lesser problems face problems that complicate their care without a way to deal with them. The Department on Aging’s BIP ADRC/Nursing Home Diversion pilot project hopes to help bridge that gap. In addition, it is likely there will be some services available to assist under the 1115 waiver program. Through this session you will hear how providers are navigating the current system to address all of a person's needs and how a future system may improve the options with complex needs.

T23:  Joining Forces to Reach Older Residents (Members!): Humana and JenCare Health Clinics with AgeOptions reach out to explain the Medicare/Medicaid Alignment Initiative  
Kansas City, (5th)  
Jonathan Lavin, CEO, AgeOptions, Oak Park; Gennifer L. Jeffries, Manager, Community Relations, Great Lakes Region, Humana; Jess Timmerman, Vice President of Marketing, ChenMed, Richmond, VA  
Illinois' Senior Health Assistance Program goals can be enriched through collaboration with major change agents in healthcare. With Illinois focused on reaching the 50% goal for Medicaid participation in managed care, the information,
understanding and community acceptance of that goal is best related through the community networks and information sources and agencies relied upon by older and disabled persons. AgeOptions, offering education through a variety of community based service organizations, received support from two important healthcare change agents to assure that those on Medicare and Medicaid knew what was happening, why and how they best could make the transition. The approach included community wide information building on the Illinois Department on Aging’s highly successful Senior Health Assistance Program (SHAP) with special support from Centers for Medicare and Medicaid Services (CMS) Aging and Disability Resource Centers support, and the participation of an innovative set of Medicare centers and Humana Health Care.

T24: Advocacy and Access: How to Assure Expected Results when Navigating the Legal and Judicial Systems
Los Angeles/Miami, (5th)
The Honorable Patricia Banks, Presiding Judge, Elder Law and Miscellaneous Remedies Division Circuit Court of Cook County; Sandy Stavropoulos, Assistant State’s Attorney, Supervisor, Seniors and Persons with Disabilities unit Special Prosecutions Bureau, Cook County State’s Attorney’s Office; Wendy Shparago Cappelletto, Supervising Attorney, Office of the Public Guardian of Cook County; Lois Moorman, Program Administrator, Office of Adult Protective Services, Illinois Department on Aging
The panel of experts will share their perspectives and the resources available to assist Social Service Advocates working on behalf of older adults and adults with disabilities. Participants, who assist individuals in preparing to take cases forward in the legal and judicial systems, will learn the steps that should be followed in order to achieve desired results.

Refreshment Break in Exhibit Hall 2:45 pm – 3:15 pm

T25: Creating the ICCCU Dementia Training Video: A Model of Collaboration
Salon F, (5th)
Darby Morhardt, Ph.D., LCSW, Northwestern University Fienberg School of Medicine, Chicago; Raj C. Shah, M.D., Associate Professor, Family Medicine and Rush Alzheimer’s Disease Center, Rush University Medical Center, Chicago; Julie Farmer, LCSW, Alternatives for the Older Adult, Moline; Greg Kyrouac, M.S.Ed., Director of Education & Outreach Programs, Center for Alzheimer’s Disease & Related Disorders, SIU School of Medicine, Springfield
The stories of two individuals exhibiting challenging behaviors are told through the eyes of a new and then an experienced Care Coordinator. Tips and resources are provided by both a supervisor and a panel of consultants from Rush Alzheimer’s Disease Center, Northwestern University Fienberg School of Medicine and SIU School of Medicine. Feedback will be shared from CCUs who have utilized this format for training staff on best practices when encountering the issues of self-neglect, lack of capacity, wandering and combative behaviors.

T26: Person-Centered Counseling - A New Approach
Salon G, (5th)
Ann Ford, Executive Director, Illinois Network of Centers for Independent Living, Chicago and Panel; Leigh Ann Kingsbury, Lewin Group
This will be an interactive session that provides insightful information and the opportunity to 'give it a try'. Attendees will learn how to develop a person-centered plan, and will be involved in actually developing, then discussing one.

T27: Transitions in Coverage
Salon H, (5th)
Alicia Donegan, Healthcare Choices Specialist, AgeOptions, Oak Park
Older adults face a more complicated health care landscape today than ever before. Someone turning 65 may be eligible for multiple forms of health care coverage (Medicare, Medicaid, Marketplace coverage, employer coverage, Veterans benefits, etc.) Additionally, many people will need to transition from one form of coverage to another when they turn 65. Each one of these transitions has a different timetable and process
for how and when an individual is able to disenroll from their prior coverage and enroll in their new coverage. If these transitions are not conducted carefully and properly, the consumer could face lifelong financial penalties, experience a disruption in their plan of care, or even lose his/her health coverage entirely. AgeOptions will present new tools to help older adults navigate these complicated transitions.

**T28: Getting Real With Your Volunteer Policies & Procedures: Tangible Tips to Empower Volunteers & Strengthen Your Program**  
**Denver/Houston, (5th)**  
Jason Echols, AgeOptions, Oak Park; Chelsea Hawkins, AgeOptions, Oak Park

Have you ever worried that volunteer policies and procedures will hurt your program more than promote it? Do you want to avoid risk but continue to engage enthusiastic volunteers? In this session, we will share how two programs at AgeOptions involved volunteers to make the process of implementing policies easier and more effective. We will talk about getting real with your policies and procedures and how to use them to the advantage of both your program and your volunteers.

**T29: Memory Cafes: A Place for Everyone**  
**Kansas City, (5th)**  
Richard Apple, Senior Manager Care Navigation, Alzheimer's Association Greater Illinois Chapter, Chicago; Joe Fortmann, Executive Director Boone County Council on Aging, Belvidere; Elaine Sharpe, Associate Professor of Psychology, Rockford University, Rockford

Memory Cafes are a relatively recent phenomena in the United States. Modeled after their European counterparts, these gatherings provide the opportunity for those with various cognitive struggles to share stories in a welcoming environment. While the original Memory Cafes were designed for those with Mild Cognitive Impairment, this model will explore the outcomes of a participant-driven program. Among the topics addressed will be: (1) various models and program designs (2) the practical issues involved in establishing a Memory Cafe through community collaboration and (3) the need for responsive, flexible cafes. This session is intended to be conversational, with ample opportunity for discussion.

**T30: Building Training...Building Quality: Creating a Competency-Based Training Program for Personal or Home Care Aides**  
**Los Angeles/Miami, (5th)**  
Tameshia Bridges Mansfield, Midwest Program and Policy Manager, Paraprofessional Healthcare Institute; Daniel P. Ochylski, MS DNPc RN, Independent Nursing Services; Dr. Clare Luz, Ph.D., Michigan State University

Many states are faced with ensuring that a stable workforce is available to confidently and competently provide support and services to seniors and people with disabilities. Recognizing this, the Affordable Care Act established the Personal and Home Care Aide State training (PHCAST) demonstration program that provided federal grant funds to six states to develop, implement, and test curricula and training programs for personal and home care aides. The Building Training Building Quality program, through the Michigan Office of Services to the Aging, brought together waiver program administrators, providers, consumers, and workers in the aging and disability waiver program to create a competency-based curriculum and implement a gold-standard training program for personal and home care aides across the state. This session will provide an overview of the Building Training Building Quality program, research findings detailing the impact of competency-based training on workers and providers, and implications for Illinois to consider in training and up-skilling its homecare workforce.

**INAUGURAL CELEBRATION:**  
**50th Anniversary of the Older Americans Act 1965-2015**  
**5:00-7:00 PM, Salon 1, 7th floor**  
Sponsored by Cigna HealthSpring and The Illinois Council on Aging
8:30 AM – 9:30 AM

F1: Bob, I'm Really Busy: A Deeper Look at the Emotional Wellbeing of Residents Living with Dementia
Salon F (5th)

F2: Expansion of the Ombudsman Program into the Home and the Community
Salon G (5th)

F3: Olmstead Consent Decree Updates
Salon H (5th)

F4: Federal “Settings” Rule: Impact & State Response
Denver/Houston (5th)

F5: The Community Care Program (CCP) and the Automated Medication Dispenser Service (AMDS): Information and Demonstration
Kansas City (5th)

F6: Raising Awareness of How Pets Contribute to Healthy Ageing: an update on a report by the International Federation on Ageing and Bayer HealthCare
Los Angeles/Miami (5th)

9:45 AM – 10:45 AM

F7: Federal Resource Updates Relating to Dementias including Alzheimer’s
Salon F (5th)

F8: Looking in the Movie Mirror: How Older Adults Are Portrayed in Mainstream Films
Salon G (5th)

F9: Oral Health in an Aging Population
Salon H (5th)

Denver/Houston (5th)

F11: Illinois Department on Aging Updates
Kansas City (5th)

F12: Assistive Equipment & Technology: Modern Tools for Greater Independence
Los Angeles/Miami (5th)
FRIDAY AT-A-GLANCE

11:00 AM – 12:00 PM

Plenary Session, Sponsored by IlliniCare  
Salon A-D (5th)

12:00 PM – 2:00 PM

Awards Luncheon, Sponsored by Blue Cross Blue Shield of Illinois  
Salon 3 (7th)

Community Care Systems, Inc., an experienced in-home provider since 1980 delivering quality and cost effective homemaker services. Our in-home services provide support to those who request assistance or have a desire to remain in the familiarity of their own home. Today we are recognized as one of the leaders in the in-home service industry. Our staff are all professionally trained and dedicated to providing the best quality care for our participants.

We will be GIVING AWAY an Apple iPad Air with case at the Awards Luncheon. Must be present to win. GOOD LUCK TO ALL!

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F1: **Bob, I'm Really Busy: A Deeper Look at the Emotional Wellbeing of Residents Living with Dementia**  
*Salon F, (5th)*  
*Jim Vanden Bosch, Founder and Executive Director of Terra Nova Films, Chicago*

People living with dementia in long-term care facilities are often treated as “objects of care” rather than as persons with feelings. Through the use of video clips and discussion, participants will gain a better understanding of the importance of emotional sensitivity and relationship in caregiving, with a special emphasis on the concept of caring with, rather than caring for, individuals living with dementia.

F2: **Expansion of the Ombudsman Program into the Home and the Community**  
*Salon G, (5th)*  
*Lyle VanDeventer, Illinois Department on Aging, Springfield*

Under the Illinois Department on Aging’s Long-Term Care Ombudsman Program, the Home and Community Ombudsman Program was created to protect, defend and advocate for individuals who are residing in the community, and who are also receiving managed care services to help them to stay in their homes. Housed within the Illinois Department on Aging’s Long-Term Care Ombudsman Program (LTCOP), this program is designed to serve older adults as well as younger adults who are disabled, and who are living in the community. The recent expansion of LTCOP services now allows advocacy and support services to be provided to eligible individuals who are living in the community. This session provides an overview of this new program.

F3: **Olmstead Consent Decree Updates**  
*Salon H, (5th)*  
*Pamela Orr, Illinois Department on Aging, Chicago*

Illinois has entered into three Olmstead consent decrees through which it has pledged to reduce the number of individuals residing in nursing facilities: 1) Ligas, dealing with the developmentally disabled, 2) Williams, dealing with mentally ill persons living in institutions deemed Institutes of Mental Disease due to the concentration of persons with mental illness, and 3) Colbert, covering individuals residing in nursing facilities in Cook County. This presentation will provide updates and discuss lessons learned in the process of working to comply with these decrees.

F4: **Federal “Settings” Rule: Impact & State Response**  
*Denver/Houston, (5th)*  
*Carole Schwartz, Illinois Department on Aging, Chicago*  
*Paul H. Bennett, MSW, Ph.D., Illinois Department of Health Care and Family Services, Chicago*

Federal CMS has issued a far reaching set of rules sometimes referred to as the “Settings” rule. Perhaps the most controversial parts of these rules are those that dictate what constitutes a community setting. Some sites no longer are considered to be community settings and the way some services are delivered will need to be changed to comply as well. States must have approved plans in place for how all of its existing services will comply with these requirements within five years of March 2014. That plan is under development and must be approved no later than March 2015. This presentation will explore this rule in more detail and describe how Illinois is responding.

F5: **The Community Care Program (CCP) and the Automated Medication Dispenser Service (AMDS): Information and Demonstration**  
*Kansas City, (5th)*  
*Jody Martin, Illinois Department on Aging, Springfield, and AMDS Representatives*

Seniors rely on their medications to keep them healthy, but complex medication schedules can lead to mistakes: missing doses, taking incorrect amounts, or taking medicines at the wrong times. These mistakes could lead to unnecessary doctor or hospital visits, illness and even death. This session will address how the AMD will become a CCP service in the near future. In addition, this session will include product demonstrations.
**F6: Raising Awareness of How Pets Contribute to Healthy Ageing: an update on a report by the International Federation on Ageing and Bayer HealthCare**

Los Angeles/Miami, (5th)

Jane Barratt, Ph.D., Secretary General of the International Federation on Ageing, Toronto

The first-of-its-kind report investigates how pets may contribute to physical, mental and societal well-being in an ageing global demographic. With advances in global public health, people around the world are living longer than ever before. In response to the ageing population, healthcare systems and governments are actively working to manage the expected healthcare costs associated with the ageing process and chronic conditions of older people. The health impact of pets on older people is explored in a new report published by the International Federation on Ageing, through an educational sponsorship from Bayer HealthCare. The report, “Companion Animals and the Health of Older Persons,” provides a comprehensive literature review into the ways pets contribute to the physical and mental health of individuals and the well-being of society. “This field of research has important implications across generations and also for the future of our broader societies,” says Dr. Jane Barratt, International Federation on Ageing. “Many studies have broadly discussed how pets, such as dogs and cats, contribute to health by reducing anxiety, loneliness and depression, but until today have not yet been published in a single resource. This new report advances our understanding of the value of companion animals in the framework of human health and the broader society.”

**F7: Federal Resource Updates Relating to Dementias including Alzheimer’s**

Salon F, (5th)

Amy Wiatr-Rodriguez, MSW, Aging Services Program Specialist, Administration on Aging, Chicago/Kansas City Regional Support Center, Administration for Community Living, U.S. Department of Health & Human Services, Chicago

Resources on and related to dementia including Alzheimer’s are being created and updated on a continuous basis. This session will provide updates on current, new, and upcoming resources, including:

- Content supported by the Administration on Aging/Administration for Community Living, National Institute on Aging, other federal agencies, including the 24/7 National Alzheimer’s Call Center, the Alzheimer’s Disease Education and Referral Center, research registries, and brain health materials
- Resources for caregivers of people with dementia, who care for loved ones experiencing a progressively debilitating illness, and for service providers who help both populations
- New materials for ROAR (Recruiting Older Adults into Research), which can provide an empowering opportunity for older adults and family caregivers to advance scientific progress

- How the federal government is implementing the National Alzheimer’s Plan, including the overall direction of the plan and its 2014 changes.

**F8: Looking in the Movie Mirror: How Older Adults Are Portrayed in Mainstream Films**

Salon G, (5th)

Jim Vanden Bosch, Founder and Executive Director of Terra Nova Films, Chicago

From love and sex, to dealing with dementia, many new feature films are now taking a look at the lives of older adults. Sometimes these films reinforce old stereotypes; other times they provide us with entertainingly true reflections of life in its later years. What can we take away from these films? Do mainstream films have an impact on how we as individuals and as a society perceive aging and elderhood? What inspires the making of these films? What should we be aware of when we watch them? Using clips from several recent films, we will explore 21st century attitudes about aging through the lens of mainstream movies.
FRIDAY - 9:45 AM - 10:45 AM

F9: Oral Health in an Aging Population
Salon H, (5th)
Danica Collins, Oral Health America, Chicago; Dora Fisher M.P.H., Oral Health America, Chicago; Harvey Wigdor D.D.S., M.S.; Elizabeth Cagan, White Crane Wellness Center, Chicago
Oral Health America changes lives by connecting communities with resources to increase access to care, education, and advocacy for all Americans, especially those who are most vulnerable. At this session, participants will learn about the Wisdom Tooth Project. Participants will also learn about our partnership with White Crane Wellness Center, an organization dedicated to health promotion and disease prevention for older adults. Audience members will gain knowledge about our efforts to meet the needs of the aging population in Chicago, through our community-based innovative initiative, Tooth Wisdom: Get Smart About Your Mouth. The Wisdom Tooth Project (WTP) changes the lives of older adults through toothwisdom.org: a web portal of resources that educates on topics relevant to caring for an aging mouth, with health information in plain language and local resources to access affordable care. In addition to connecting older adults to care via toothwisdom.org, the WTP also seeks to connect health professionals in aging and oral health to best facilitate comprehensive care for older adults through national and regional symposia, publications, advocacy, demonstration projects and health education. Participants will have the opportunity to learn more about OHA’s aging program and about opportunities to partner with the organization.

Denver/Houston, (5th)
The Department of Labor has removed the long-standing exemption for most home care workers from minimum wage and overtime requirements. This will have a profound impact on some programs, most notably the DRS Home Services Program. It could also impact some individuals who pay for care on their own. Under an 1115 waiver persons who qualify under the Community Care Program likely will have access to a wider range of personal care services, including options covered by this new rule. This presentation will describe the state’s efforts to come into compliance with these rules as programs are administered now and discuss how the rule might impact CCP and other programs in the future.

F11: Illinois Department on Aging Updates
Kansas City, (5th)
Mary Killough, Deputy Director, Illinois Department on Aging and Illinois Department on Aging Managers
This session will cover updates on a variety of initiatives being undertaken by the Illinois Department on Aging. It is an exciting time in the aging network in Illinois. Join us for “Hot off the Press” updates.

F12: Assistive Equipment & Technology: Modern Tools for Greater Independence
Los Angeles/Miami, (5th)
Susy Woods, Illinois Assistive Technology Program, Chicago
The availability of assistive equipment and technology that can facilitate independence for older persons and persons with disabilities in ways previously impossible is growing rapidly. However, knowledge of these tools lags far behind. There is a particular barrier for the Aging network. AE/AT can be paid for under the Home Services and Developmental Disabilities waivers but currently not under the Community Care Program. Programs usually can acquire the equipment they need, and are aware of, with other funds but those funds are limited. Through the BIP ADRC/Nursing Home Diversion pilots these services will be fundable for persons entering that program. More importantly, the availability of AE/AT will be available to all individuals in all waivers under the combined 1115 waiver program. This session will help expose participants to the wide range of tools available today and how they can be accessed.
FRIDAY - 11:00 AM - 12:00 PM

Plenary Session with Jane Barratt, Ph.D., Salon A-D, 5th Floor

Jane Barratt, Ph.D., Secretary General of the International Federation on Ageing and an expert with 35 years of experience in the field of community and aging and disability care, will bring her expansive breathe of knowledge to participants of the Governor's Conference on Aging and Disability. Dr. Barratt will discuss the acceleration of the aging population on a global scale and its significance for members of society. Aging population shifts worldwide mean changes with regard to shared standards, policy, demands and technology improvements both individually and collectively. Such leverage points require all of us to question outcomes with regard to aging well. Attend this thought-provoking plenary session to learn about engagement, connectedness and how we can create environments that are “age friendly” to older adults and individuals with disabilities.

Awards Luncheon

12:00 PM - 2:30 PM, Salon 3, 7th floor
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Manuel A.
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