

Women's Center Brochures

Sexuality

EC: Emergency Contraception
After the Fact, After the Act: Know Your Options
Back Up Your Birth Control with EC: Just had sex? Afraid of pregnancy
A Young Woman's Guide to Sexuality
A Young Man's Guide to Sexuality
101 Ways to Make Love Without Doin' It
101 Ways to Ways to Say No to Sex
101 Reasons To Be Abstinent
Planned Parenthood: We're More Than You Think
Your Contraceptive Choices

Sexual Assault

How Can I Help: A Guide for Friends and Family
Acquaintance Rape: When the Rapist is Someone You Know
A Guide to Advocacy Services: Help for Victims, Family and Friends
Men Responding To Sexual Violence (how to support a victim)
Male Survivors: Help for Victims, Family and Friends
Medical Care, Criminal Justice Procedures, Prosecution & Emotional Recovery
Agency Services: Prairie Center Against Sexual Assault
Acquaintance Rape, Drugs and You
Substance Abuse and Sexual Violence
Sexual Assault and the Older Woman
Sexual Assault: What You Need to Know
The Parent Pamphlet: After Sexual Assault

Abuse

Domestic Violence and Safety Planning
Do You Feel Safe At Home?
Helping the Battered Woman: A Guide for Family and Friends
Woman Abuse/Child Abuse
Physical Abuse: You Don't Have to Take It, You Don't Have to Use It
Sad Is How You Feel When Mom Is Being Beat
Domestic Violence Against Older Women
What to Expect When You Are In Counseling: A Guide for Battered Women
Sojourn Shelter and Services

Health

A Women's Health Quiz
HIV Fast Facts for Young Women
Early Detection Is The Key: breast cancer self-exam packet
Illinois Breast and Cervical Cancer Program: for the un- and under-insured
Gurze Eating Disorders Resource Catalog
What Every Pregnant Woman Should Know About HIV and AIDS
AIDS Antibody Testing: IL Dept. of Public Health

Kids

Mini O'Beirne Crisis Nursery
KidCare: Health Insurance for Illinois Children
Child Support: Action Line from IL Dept. of Public Aid
New Moon: Delightful Gifts that Celebrate and Educate Girls
Family Service Center
Community Child Care Connection
Girl Zone Guide to the Internet

Violence Resources

Illinois Bill of Rights for Victims and Witnesses of Violent Crime
RAINN: Rape, Abuse and Incest National Network

Miscellaneous

Social Security: What Every Woman Should Know
What is SALO? Springfield Area Lesbian Outreach
Women in the Director's Chair: supporting women and girls through media
Girl Scouting: Adult Volunteers