

## Study Skills Workshops: How to Find a Place to Study

Directions: Check the appropriate boxes of the study environments you use most frequently.

Location	Can Concentrate	Minimal Distractions	Comfortable Temperature	Adequate Lighting	Quiet	Convenient Resources
Dorm Room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dorm Lounge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Empty Classroom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Library (public)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Library (campus)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Living room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bedroom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dining room table	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Study room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

([http://www.rit.edu/studentaffairs/asc/college\\_programs/lng\\_pwr/index.php?l1=1&l2=3&l3=1&location=131](http://www.rit.edu/studentaffairs/asc/college_programs/lng_pwr/index.php?l1=1&l2=3&l3=1&location=131) )

### Create a Study Environment

(<http://www.grinnell.edu/offices/studentaffairs/acadadvising/tips/environment/> )

- Put your desk against the wall.
- Put all pictures, mementos, and decorations on the other side of the room.
- Don't use your desk for anything but studying; by the same token, don't use your bed for studying.
- Only use your computer for assignments that you have to. If your computer has to be on, but you don't need the internet, unplug the connector and/or disable your wireless.
- Turn off the ringer on your phone(s) and turn down the volume on the answering machine.
- Establish times with your roommates for studying to ensure peace and quiet.
- Turn off the television or stereo - only listen to light, familiar music if you need background noise.
- Study in a well-lit area.
- If people are too loud for you to concentrate, try asking them to be quieter.

## Great Places to Study on Campus

Place to Study	Contact Information
<p>1. CTL Solarium – BRK 460</p> <ul style="list-style-type: none"> <li>▪ Couch area</li> <li>▪ Tables and chairs for group or individual studying</li> <li>▪ Tutors (availability depends)</li> <li>▪ Library of resources (books and handouts)</li> <li>▪ Coffee (sometimes available)</li> </ul>	<p>BRK 460 (217) 206-6503 <a href="http://www.uis.edu/ctl">www.uis.edu/ctl</a></p> <p><b>Hours of Operation</b> Monday-Thursday: 8:30am-7:00pm Friday: 8:30am-4:30pm</p>
<p>2. Student Life Student Center –</p> <ul style="list-style-type: none"> <li>▪ Lounge area</li> <li>▪ Computers available</li> <li>▪ Snack bar</li> </ul>	<p>Student Life Building (217) 206-7729 <a href="http://www.uis.edu/studentlife/studentcenter/">http://www.uis.edu/studentlife/studentcenter/</a></p> <p><b>Hours of Operation</b> Monday-Thursday: 11am-10:30pm Friday's: 11am-9pm Sat and Sunday: 2pm-10pm</p>
<p>3. Brookens Library</p> <ul style="list-style-type: none"> <li>▪ Large tables for group or individual studying</li> <li>▪ Computers</li> <li>▪ Resources (books, videos, periodicals,</li> <li>▪ Librarian staff</li> <li>▪ Copy machines</li> </ul>	<p>Brookens Building (217) 206-6605 <a href="http://library.uis.edu/">http://library.uis.edu/</a></p> <p><b>Hours of Operation</b> Monday-Thursday: 8:30am-midnight Friday: 8:30am-6:00pm Saturday: 10:00am-6:00pm Sunday: 1:00pm-midnight</p>
<p>4. Mary Jane's Café</p> <ul style="list-style-type: none"> <li>▪ Tables and furniture for group or individual studying</li> <li>▪ Food and drinks available during open hours</li> </ul>	<p>Lower-level of Brookens Library</p> <p><b>Hours of Operation</b></p>
<p>5. Capital Perks Coffee Shop</p> <ul style="list-style-type: none"> <li>▪ Small tables for group or individual studying</li> <li>▪ Food and drinks available during open hours</li> </ul>	<p>Second level of Public Affairs Building</p> <p><b>Hours of Operation</b></p>