

HUMAN SERVICES, M.A.

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Degree offered: Master of Arts

The master's degree in human services (HMS) is designed to provide advanced professional education for students who have an undergraduate education in human services or who have completed specific prerequisite courses to prepare them for study in the field. It is a multidisciplinary degree that prepares students to become competent as human services professionals for multiple roles and settings.

The degree contains core courses that teach skills and concepts needed by all human services professionals and integrates content from several academic concentrations to allow students to develop specific expertise. The concentrations are 1) alcoholism and substance abuse, 2) child and family studies, 3) gerontology, and 4) social services administration. Within some concentrations, students are able to obtain certification; within others, students may prepare for licensure. Students are prepared to practice with competency and confidence within all concentrations.

The degree program teaches students to appreciate contemporary and historic human characteristics, issues, and problems and to plan for the delivery of human services in the future. Courses teach students to design, assess, treat, plan for, advocate for, counsel with, manage, and collaborate with individuals, groups, or agencies needing and using human services.

ACCREDITATION

Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc., has accredited the alcohol and substance abuse concentration in the M.A. in human services.

PROFESSIONAL DEVELOPMENT SEQUENCE IN GERONTOLOGY

The human services program offers a 12-hour professional development sequence in gerontology. The sequence is designed for individuals who already have one graduate degree and are working in some capacity with the elderly or who otherwise desire or need

basic graduate-level course work in gerontology. Contact the human services program for more information.

CERTIFICATE IN ALCOHOL AND SUBSTANCE ABUSE

The program offers a graduate certificate in Alcohol and Substance Abuse to provide education to individuals who wish to become certified in the substance abuse counseling profession, but who do not wish to complete a formal degree program. On completion of the required 28 semester hours of courses, students may take the Certified Alcohol and Other Drug Abuse Counselor (CADC) exam through the Illinois Alcohol and Other Drug Abuse Professional Certification Association (IAO-DAPCA). Refer to page 120 for further details.

CERTIFICATE IN MANAGEMENT OF NONPROFIT ORGANIZATIONS

In cooperation with the Department of Public Administration, the program has available a graduate certifi-

cate in the management of nonprofit organizations. Refer to p. 263 for more information.

The Graduate Certificate in Management of Non-profit Organizations requires 20 hours of coursework. All courses are offered at night or on weekends. An individual may take these courses as a part-time student and earn the certificate without being formally enrolled in any degree program or may complete the certificate as part of a degree program.

Contact: Information about the human services program is available at (217) 206-6687. Information can also be requested at hms@uis.edu.

ENTRANCE REQUIREMENTS

Students must have a bachelor's degree, preferably with a foundation in the liberal arts with a GPA of 3.00. Prerequisites are a life-span development course and a research methods course with content consistent with the ones listed in the Program Requirements section.

For admission, students must submit a completed application, transcripts, two completed recommendation forms from professional or academic sources, and a personal statement detailing their reasons for seeking admission into the program. Application materials

are available at the human services program office and from the UIS Office of Admissions and Records. The program admits students twice each year. Preference will be given to students who have application materials completed by September 15 for the spring semester and by February 15 for the fall semester.

GRADING POLICY

Graduate students must earn a grade average of B or better in all courses.

MASTER'S CLOSURE

A master's project or thesis is required of all graduate majors. This project or thesis may focus on a practice issue, an empirical study, or a human service policy review. Two courses contained within the core (HMS 579 and HMS 580) are designed to foster students through this requirement. Once they complete HMS 579 in continuous enrollment and begin their closure exercises, students must enroll in HMS 580 (for audit hours only) *each* semester until the master's project or thesis is completed.

INTERNSHIP

The four-hour internship is designed to provide an opportunity for students to integrate knowledge and

skills gained in courses into direct practice. The internship consists of intensive work experiences with supervision (100 work hours for each academic hour) in a human services environment (500 hours are required for students in the Alcoholism and Substance Abuse concentration).

Students with three years of supervised full-time experience in human services may, in consultation with the academic adviser, petition to substitute four hours of regular course work for the internship.

PROGRAM REQUIREMENTS

The master's degree requires 44 hours of graduate-level courses.

Prerequisites (two courses) or the equivalent

A course in either human behavior in the social environment or a course in life-span developmental psychology, and
A course in either research methods or a course in statistics.

Core Requirements

(24 Hrs.)

HMS 501 Critical Perspectives in Human Services

4 Hrs.

HMS 502 Interviewing and Assessment Skills in Human Services	4 Hrs.
HMS 511 Social Policy and Human Services	4 Hrs.
HMS 516 Ethics and Professional Development	4 Hrs.
HMS 550 Internship	4 Hrs.
HMS 579 Advanced Research: Master's Project/ Thesis Proposal	4 Hrs.
HMS 580 Master's Project/Thesis (one hour of audit each semester until completion)	

CONCENTRATIONS

Note: * indicates required course.

Alcoholism and Substance

Abuse

(20 Hrs.)

Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc., has accredited the alcohol and substance abuse concentration in the M.A. in human services. Students who successfully complete this concentration may be eligible to take the certifying examination for IAODAPCA. Students seeking admission to this concentration must have a two-year history of sobriety.

*HMS 521 Advanced Interviewing and Intervention	4 Hrs.
*HMS 525 Alcoholism and Substance Abuse	4 Hrs.
*HMS 527 Assessment and Treatment of Substance Abuse	4 Hrs.
*HMS 528 Dual Diagnosis and Relapse Prevention	4 Hrs.
*HMS 531 Drug Abuse in America: A Critical Perspective	4 Hrs.

Child and Family Studies ***(20 Hrs.)***

*HMS 521 Advanced Interviewing and Intervention	4 Hrs.
*HMS 525 Alcoholism and Substance Abuse	4 Hrs.
*HMS 533 Child Abuse and Neglect	4 Hrs.
*HMS 537 Treating Children from Diverse Populations	4 Hrs.
*HMS 567 Models and Methods in Marriage and Family Treatment	4 Hrs.

With adviser's approval, students may substitute one of the following or another appropriate course.

HMS 534 Introduction to Family Therapy	4 Hrs.
SWK 454 The History of the Family	4 Hrs.

Gerontology

(20 Hrs.)

*HMS 504 Biology of Aging	4 Hrs.
*HMS 508 Psychology of Aging	4 Hrs.
*HMS 529 Perspectives on Aging	4 Hrs.
*HMS 582 Aging and the Human Services	4 Hrs.

With adviser's approval, students must select one course from the following list and/or from appropriate liberal studies (LSC) and public affairs colloquia (PAC).

HMS 538 Social Services Administration	4 Hrs.
HMS 551 Policies and Programs for the Elderly	4 Hrs.
HMS 563 Sociology of Death, Dying, and Bereavement	4 Hrs.
HMS 568 Crime and the Elderly	4 Hrs.
HMS 588 Grant Writing in Human Services	4 Hrs.

The human services program also offers a professional development sequence in gerontology consisting of the following courses:

*HMS 504 Biology of Aging	4 Hrs.
*HMS 508 Psychology of Aging	4 Hrs.
HMS 529 Perspectives on Aging	4 Hrs.
*HMS 582 Aging and the Human Services	4 Hrs.

Social Services Administration (20 Hrs.)

- *HMS 514 Staff Development and Supervision 4 Hrs.
- *HMS 538 Social Services Administration 4 Hrs.
- *HMS 584 Introduction to Nonprofit Management 4 Hrs.
- *HMS 588 Grant Writing in Human Services 4 Hrs.

Select four credit hours from the remaining courses:

- BUS 541 Organizational Behavior 4 Hrs.
- PAD 502 Organization Dynamics 4 Hrs.
- PAD 505 Human Resource Management 4 Hrs.
- PAD 544 Fund Raising for Public and Nonprofit Organizations 4 Hrs.
- ACC 505 Financial Management for Nonprofit Organizations 4 Hrs.
- PAD 543 Marketing for Public and Nonprofit Organizations 4 Hrs.
- LES 486 Legal Aspects of Nonprofit Organization Management 2 Hrs.

COURSE DESCRIPTIONS

HMS 411 Social Research Methods (4 Hrs.)

First-hand experience carrying out small-scale research

projects in areas of personal interest. Ethics in social research, formulating research questions, survey and experimental design, interviewing, sampling, direct observation, content evaluation, and critiques of social science methods.

HMS 501 Critical Perspectives in Human Services (4 Hrs.)

Introductory course that should be taken during the student's first semester. Examination of the conflicting roles and functions of human services in an advanced, increasingly technological society. Special attention is given to the issues of poverty, health care and ageism, child welfare, family problems, substance abuse, and the privatization of human services.

HMS 502 Interviewing and Assessment Skills in Human Services (4 Hrs.)

Graduate-level communication and assessment skills needed to develop, sustain, and manage a helping relationship with clients. Instruction in recognizing and using both formal and informal methods of assessment including a variety of tools used in human services.

HMS 504 Biology of Aging (4 Hrs.)

Aging as a universal biological process; theories of aging; genetic and environmental factors in longevity and aging; age-related changes in human organ systems (e.g., cardiovascular, nervous, respiratory); and pathobiology of aging.

HMS 508 Psychology of Aging (4 Hrs.)

Foundation in psychology of adult development and aging, with emphasis on theories, methodologies, and re-

search findings. Focus on cognitive, social, psychological, and mental health aspects of aging.

HMS 511 Social Policy and Human Services (4 Hrs.)

An in-depth understanding of human services systems, including the historical and current view of systems, concepts of human causes and needs, idealized components of delivery systems, roles and conflicts of the human services professional, and overview of required practice skills.

HMS 513 Seminar on Social Change (4 Hrs.)

History and legacy of past social activists and exploration of the relationship between major social problems and individual dysfunctions. Presents ways helping professionals in diverse settings engage in effective social action activities.

HMS 514 Staff Development and Supervision (4 Hrs.)

Background in personnel issues, staff development models, and principles of direct supervision.

HMS 516 Ethics and Professional Development (4 Hrs.)

Graduate-level comprehensive ethics course covering ethical issues in areas such as counseling and therapy, business management, and child welfare. Fulfills LCPC (Licensed Clinical Professional Counselor), IAODAPCA (Illinois Alcohol and Other Drug Abuse Professional Counseling Association), and AAMFT (American Association of Marriage and Family Therapists) requirements.



HMS 521 Advanced Interviewing and Intervention (4 Hrs.)

Instruction in developing, maintaining, and terminating the therapeutic relationship designed to heal emotional pain. Emphasis on skill development and interpretation. Recommended for students in human services who use therapeutic interviewing. Videotaping used. Prerequisite: HMS 502, or equivalent experience.

HMS 523 Sociology of Aging (4 Hrs.)

Examination of the process of aging in American society. Major consideration will be given to theories of aging and the social implications of age grading, the meaning of work and retirement, and the status and roles of the elderly.

HMS 525 Alcoholism and Substance Abuse (4 Hrs.)

In-depth overview of the field of alcoholism and substance abuse. Topics include the physiological/biological effects of drugs, the psychological correlates of drug use, societal issues and concerns, theories of addiction, treatment and relapse issues, regulation and legislation, ethical issues, and accreditation/certification standards.

HMS 527 Assessment and Treatment of Substance Abuse (4 Hrs.)

Evaluation of substance abuse patterns and assessment of various treatment alternatives. Process of intervention and various approaches to treatment. Prerequisite: HMS 525, or equivalent.

HMS 528 Dual Diagnosis and Relapse Prevention (4 Hrs.)

Recognition and treatment of clients who present with an initial diagnosis such as alcoholism and substance abuse but may also have additional diagnosis such as mental illness or sexual abuse which, when left untreated, may cause relapse. Explores barriers to recovery, high risk factors to relapse, and the developmental process in recovery. Prerequisite: HMS 525, or concurrent enrollment.

HMS 529 Perspectives on Aging (4 Hrs.)

Theory and competencies related to the changing landscape of the increasing elderly population in America. In this overview of gerontology, students acquire a knowledge base for management skills and service provisions that includes the biological, psychological, sociological, and economics processes of aging.

HMS 531 Drug Abuse in America: A Critical Perspective (4 Hrs.)

Examines the phenomena of drug abuse from a sociological perspective. Explores the cultural, political, and economic dynamics intertwined with drug abuse including the massive war on drugs and its consequences. See CRJ 531.

HMS 533 Child Abuse and Neglect (4 Hrs.)

Deals with issues of child abuse and neglect including problems of reporting, missions and child protection agencies, interdisciplinary and community resources, and methods of improving the general well-being of families who show indications of high risk.

HMS 534 Introduction to Family Therapy (4 Hrs.)

Major techniques of family therapy with emphasis on integration of theoretical constructs and therapeutic skills. Lecture, demonstration, and laboratory learning approaches used. Students analyze a family system and present projects demonstrating comprehension. Required for students emphasizing marriage and family therapy. See HDC 534.

HMS 537 Treating Children From Diverse Populations (4 Hrs.)

Exploration of ethnicity issues that confront parents of children from diverse populations. Focus is on health and mental health agencies, education and training facilities. Economic, law enforcement, and religious institutions are also considered. Problems of abuse and neglect, delinquency, and abandonment are also studied, focusing on typical solutions to these problems for these children. Therapeutic techniques are explored. See AAS 537.

HMS 538 Social Services Administration (4 Hrs.)

Comprehensive introductory course surveying principles, methods, and problems encountered by social and human services administrators. Suitable for graduate students and undergraduate seniors majoring in a human service program. Topics include social service formation and law, policy and boards, system components, administrator tasks, and typical problems.

HMS 550 Internship (4 Hrs.)

Intensive direct service experience in a social service agency. Regular supervision is required. Placement is developed with adviser; 100 hours of service earns one credit hour. Service time may be concurrent with classes or may be full time.

HMS 551 Policies and Programs for the Elderly (4 Hrs.)

Review of local, state, and national policies on allocation of monies and development of programs for older persons. Policies and programs analyzed in relation to current needs and projected future service requirements. Prerequisite: HMS 582 or permission of instructor.

HMS 558 Theories of Family Therapy (4 Hrs.)

Theories and models of family therapy, emphasizing integration of issues relating to family treatment with systems theory. Family therapy issues will be compared across treatment models. Includes extensive reading in one or more approaches and class presentations. See HDC 558.

HMS 563 Sociology of Death, Dying, and Bereavement (4 Hrs.)

Social structures, attitudes, beliefs, and values about death and bereavement in contemporary American society as well as in other societies and other time periods. Medical, legal, religious, and psychological issues in re-

lation to death, dying, and bereavement are considered. Not recommended for people who are recently bereaved. See SOA 563.

HMS 567 Models and Methods in Marriage and Family Treatment (4 Hrs.)

Comprehensive study of the dynamics of marriage and family life. The course teaches practitioners cultural sensitivity and variety in treatment methods. A study of models used in marriage, family, and divorce intervention is explored. See HDC 567.

HMS 568 Crime and the Elderly (4 Hrs.)

Focuses on the criminality and extent of victimization of the growing population of older adults. Topics include neglect, abuse, and financial exploitation of the elderly as well as the criminal justice response to both elderly victims and the older offender.

HMS 579 Advanced Research: Master's Project/Thesis Proposal (2 or 4 Hrs.)

Development of a research or practice project or thesis under faculty supervision that demonstrates skill at conceptualizing social phenomena, formulating a problem, and designing a problem-solving process. The research design and project/thesis proposal are completed in this course. Once four hours are completed in continuous enrollment, students must be enrolled in HMS 580 (for audit hours only) *each* semester until the master's project or thesis is completed.

HMS 580 Master's Project/Thesis (1 Audit Hr.)

Continuation course for project completion and closure course required for graduation. Students who have not completed their projects or theses by the time four hours of continuous enrollment in HMS 579 have been earned, must remain enrolled in this course for one hour of audit credit *each* semester until the projects/theses are completed.

HMS 582 Aging and the Human Services (4 Hrs.)

The process and condition of being aged, together with social services that operate to lessen problems of aging. Evaluation of services, attitudes, and policies that inhibit or promote service delivery.

HMS 584 Introduction to Nonprofit Management (4 Hrs.)

Introduction to managing nonprofit organizations, including the history of nonprofit organizations, their role in society, and the role of volunteers and philanthropy.

HMS 588 Grant Writing in Human Services (4 Hrs.)

Development of grant writing skills and application of these skills to human services settings. Covers research design, evaluation, and basic statistics needed for gathering financial resources in human services agencies.